

**January 2018  
Breakfast & Lunch Menu's**

**Please Note: Milk choice includes a choice of non-fat (flavored or unflavored) or 1% (unflavored) milk  
Reduced fat dressing is served with salads and fresh vegetables.  
All Grain items are Whole Grain Rich.**

Mon	Tue	Wed	Thu	Fri
1 No School 	2 No School	3 No School	4 <b>B'Fast – Breakfast Pizza, Fruit, Juice, Milk</b>  <b>Lunch - Rib on Bun, Wedge Fries, Pineapple, Milk</b>	5 <b>B'Fast – Breakfast Wrap, Fruit, Juice, Milk</b>  Lunch - Chicken Nuggets Mashed Potatoes w/Gravy, Corn, BB Sandwich, Peaches, Fresh Fruit, Milk
8 <b>B'Fast – French Toast Sticks, Fruit, Juice, Milk</b>  <b>Lunch- Mini Corndogs, Broccoli w/Cheese, Peaches, Fresh Fruit, Milk</b>	9 <b>B'Fast – Egg/Ham Combo, Toast, Fruit, Juice, Milk</b>  <b>Lunch – Lasagna, Green Beans, Romaine Lettuce, Breadstick, Pineapple, ½ Apple, Milk</b>	10 <b>B'Fast – Egg Pattie/Cheese on Biscuit, Fruit, Juice, Milk</b>  <b>Lunch- Hotdog on Bun, Baked Beans, Baby Carrots, Applesauce, ½ Orange, Milk</b>	11 <b>B'Fast – Pancake Sticks, Fruit, Juice, Milk</b>  Lunch – Scalloped Potatoes w/Ham, Peas, Pears,, Fresh Fruit, BB Sandwich, Milk	12 <b>B'Fast – Egg/Cheese Omelet, Toast, Fruit, Juice, Milk</b>  <b>Lunch- Chicken Pattie on Bun, Curly Fries, Baby Carrots, Peaches, Mandarin Oranges, Milk</b>
15 No School	16 <b>B'Fast – Cheese Hashbrown, Toast, Fruit, Juice, Milk</b>  Lunch -Elem: Soft Shell Taco, HS: Taco in Bag, Lettuce, Tomato, Cheese, Refried Beans, Green Beans, Fresh Fruit, Pears, Milk	17 <b>B'Fast – WG Biscuits &amp; Gravy, Fruit, Juice, Milk</b>  <b>Lunch – Cheeseburger on WG Bun, Tri-Tator's Baby Carrots, ½ Apple, Mandarin Oranges, Milk</b>	18 <b>B'Fast – Egg/Ham Combo, Toast, Fruit, Juice, Milk</b>  <b>Lunch- Pizza, Romaine/Spinach Lettuce, Green Beans, Strawberries, Applesauce, Milk</b>	19 <b>B'Fast – Waffle Sticks, Cheese Sticks, Fruit, Juice, Milk</b>  <b>Lunch – Chili, Cheese Sandwich, Baby Carrots, Crackers, Apple crisp, Milk</b>
22 <b>B'Fast – Breakfast Pizza, Fruit, Juice, Milk</b>  Lunch - – Chicken Fajita's, Cheese, Lettuce, Refried Beans, Corn, Pears, Fresh Fruit, Milk	23 <b>B'Fast – Breakfast Wrap, Fruit, Juice, Milk</b>  <b>Lunch- Crispito's, Cheese, Chili, Corn, BB Sandwich, ½ Orange, Applesauce, Milk</b>	24 <b>B'Fast – Ham/Egg Combo, Fruit, Juice, Milk</b>  <b>Lunch- – Pork Tender on Bun, Peas, Rice, Baby Carrots, ½ Apple, Mandarin Oranges, Milk</b>	25 <b>B'Fast – Egg/Cheese Omelet, Toast, Fruit, Juice, Milk</b>  <b>Lunch- Spaghetti w/Meat Sauce, Romaine/Spinach Lettuce, Green Beans, Breadstick, Pears, Applesauce, Milk</b>	26 <b>B'Fast – Pancake on a Sticks, Fruit, Juice, Milk</b>  Lunch - Chicken Strips Mashed Potatoes w/Gravy, BB Sandwich, Peaches, ½ Orange Milk
29 <b>B'Fast – Egg/Cheese Biscuits, Fruit, Juice, Milk</b>  <b>Lunch- Tator Tot Hotdish, Cooked Carrots BB Sandwich, Fresh Fruit, ½ Orange, Milk</b>	30 <b>B'Fast – Breakfast Pizza, Fruit, Juice, Milk</b>  Lunch - Lunch- Chicken Nuggets Mashed Potatoes w/Gravy, Corn, BB Sandwich, Pears Applesauce, Milk	31 <b>B'Fast – Egg/Ham Combo, Toast, Fruit, Juice, Milk</b>  Lunch – Maidrites on Bun, Tator Tots, Cole Slaw, ½ Apple, Mandarin, Oranges Milk		

