

February 2018

Please Note: Milk choice includes a choice of non-fat (flavored or unflavored) or 1% (unflavored) milk
 Reduced fat dressing is served with salads and fresh vegetables.
 All Grain items are Whole Grain Rich.

Mon	Tue	Wed	Thu	Fri
			1 B'Fast – Pancake Sticks, Fruit, Juice, Milk Lunch - Rib on Bun, Baked Beans, Baby Carrots, Peaches, Pineapple, Milk	2 B'Fast – Egg/Cheese Breakfast Wrap, Fruit, Juice, Milk Lunch – Mini Corndogs, Broccoli/Cheese, Steamed Carrots, Applesauce, ½ Orange, Milk
5 B'Fast – French Toast Sticks, Fruit, Juice, Milk Lunch -Elem: Soft Shell Taco, HS: Taco in Bag, Romaine/Spinach,, Tomato, Cheese, Refried Beans, Green Beans, Mandarin Oranges, ½ Apple, Milk	6 B'Fast –WG Biscuit Egg /Cheese, Fruit, Juice, Milk Lunch- – Pork Tender on WG Bun, Grape Tomatoes, Broccoli w/Cheese, Fresh Fruit, Peaches, Milk	7 B'Fast – Egg/Ham Combo, Toast, Fruit, Juice, Milk Lunch- Chicken Pattie on Bun, Curly Fries, Cauliflower, Baby Carrots, Pears, Applesauce, Milk	8 B'Fast – Cheese Omelet, WG Toast, Fruit, Juice, Milk Lunch – Elem: Chicken Strips, HS: Chicken Quesadilla, Mixed Veg., BB Sandwich, Tropical Fruit, Milk	9 B'Fast – Breakfast Pizza, Fruit, Juice, Milk Lunch- Hotdog on Bun, Tator Tots, Baby Carrots, Applesauce, ½ Orange, Milk
12 B'Fast – Egg/Ham Combo, Toast, Fruit, Juice, Milk Lunch – Cream Chicken on WG Biscuit, Cooked Carrots, Peas, Pears, Fresh Fruit, Milk	13 Lunch- Crispito's, Cheese, Chili, Corn, Refried Beans, BB Sandwich, ½ Orange, Applesauce, Milk	14 B'Fast –WG Biscuit Egg /Cheese, Fruit, Juice, Milk Lunch – Fish Pieces Wedge Fries, Baby Carrot, BB Sandwich, ½ Apple, Mandarin Oranges, Milk <i>Happy Valentine's Day</i>	15 B'Fast – Pancake Sticks, Fruit, Juice, Milk Lunch - Chicken Nuggets Mashed Potatoes w/Gravy, BB Sandwich, Peaches, Banana, Milk	16 B'Fast – Egg/Cheese Omelet, WG Toast, Fruit, Juice, Milk Lunch- Pizza, Romaine/Spinach Lettuce, Cauliflower, Green Beans, Strawberries, Pineapple, Milk
19 NO SCHOOL	20 B'Fast – Breakfast Pizza, Fruit, Juice, Milk Lunch- Spaghetti w/Meat Sauce, Romaine/Spinach Lettuce, Green Beans, Bread Stick, Peaches, ½ Orange, Milk	21 B'Fast – French Toast Sticks, Fruit, Juice, Milk Lunch –Rib on a Bun, Wedge Fries, Baby Carrots, Pears, Applesauce, Milk	22 B'Fast – Egg/Ham Combo, Toast, Fruit, Juice, Milk Lunch – Taco Soup, WG Crackers, BB Sandwich, Watermelon, Peaches, Milk	23 B'Fast – Egg/Cheese Breakfast Wrap, Fruit, Juice, Milk Lunch – Meaty Nacho's w/Cheese, Broccoli, BB Sandwich, Baby Carrots, ½ Apple, Mandarin Oranges, Milk
26 B'Fast – French Toast Sticks, Fruit, Juice, Milk Lunch - Chicken Strips Mashed Potatoes w/Gravy, BB Sandwich, Applesauce, Fresh Fruit, Milk	27 B'Fast –WG Biscuit Egg /Cheese, Fruit, Juice, Milk Lunch – Maidrites on WB Bun, Baked Beans, Baby Carrots, ½ Orange, Peaches, Milk	28 B'Fast – Pancake Sticks, Fruit, Juice, Milk Lunch – Cheeseburger on WG Bun, Pickles, Lettuce, Grape Tomatoes, French Fries, Pineapple, Pears, Milk		

- Offered Every day in HS – Cereal, WG Toast, Fruit, Juice & Milk