

North Union Elementary-Fenton

August 2018 Menu

Please Note: Breakfast Milk choice includes a choice of non-fat (unflavored) or 1% (unflavored) milk,
 Lunch includes a choice of non-fat (flavored or unflavored) or 1% (unflavored) milk
 Reduced fat dressing is served with salads and fresh vegetables.
 All Grain items are Whole Grain Rich

Mon	Tue	Wed	Thu	Fri
		1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	23 B'Fast – WG Biscuit with Egg & Cheese, Juice, Fruit, Milk Lunch – Chicken Patty on Bun, Curly Fries, Celery Sticks, Mandarin Oranges, Milk	24 B'Fast – Cheese Omelet, Toast, Juice, Fruit, Milk Lunch – Mini Corndogs, Broccoli, Baby Carrots, Applesauce, Milk
27 B'Fast - Pancake on Stick, Juice, Fruit, Milk Lunch – Pizza, Romaine/Spinach, Celery Sticks, Strawberries, Milk	28 B'Fast - - Ham/Egg Combo, Toast, Fruit, Juice, Milk Lunch – Crispito with Cheese, Refried Beans, Cantaloupe, Milk	29 B'Fast – Breakfast Pizza, Juice, Fruit, Milk Lunch – Cheeseburger on Bun, French Fries, Tomato Slices, ½ Apple, Milk	30 B'Fast – French Toast Sticks, Juice, Fruit, Milk Lunch – Chicken Nuggets, Mashed Potatoes w/Gravy, BB Sandwich, Grapes, Milk	31 B'Fast – WG Biscuit with Egg & Cheese, Juice, Fruit, Milk Lunch – Hotdog on Bun, Baked Beans, Cucumbers, Baby Carrots, Watermelon, Milk

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Mon	Tue	Wed	Thu	Fri
3 NO SCHOOL Labor Day	4 B'Fast – French Toast Sticks, Juice, Fruit, Milk Lunch – Rib on a Bun, Wedge Fries, Romaine/Spinach Salad, Peaches, Milk	5 B'Fast – Ham/Egg Combo, Toast, Juice, Fruit, Milk Lunch - Scalloped Potatoes w/Ham, Peas, BB Sandwich, ½ Orange, Milk	6 B'Fast – Breakfast Wrap, Salsa, Juice, Fruit, Milk Lunch- Soft Shell Taco, Lettuce, Tomatoes, Cheese, Refried Beans, Pears, Milk	7 B'Fast – Pancake on Stick, Juice, Fruit, Milk Lunch – Italian Chicken on Bun, Tator Tots, Celery, Applesauce, Milk
10 B'Fast – Cheese Omelet, Toast, Juice, Fruit, Milk Lunch – Spaghetti , Bread Stick, Romaine/Spinach Salad, Apple Sauce, Milk	11 B'Fast – Waffle Sticks, Juice, Fruit, Milk Lunch – Cheddarwurst on Bun, Baked Beans, Peaches, Milk	12 B'Fast – Breakfast Pizza, Juice, Fruit, Milk Lunch – Pork Tender on Bun, Peas, Mandarin Oranges, Milk	13 B'Fast – Scrambled Eggs, Toast, Juice, Fruit, Milk Lunch-Chicken Strips, Mashed Potatoes w/ Gravy, BB Sandwich, Peaches, Milk	14 B'Fast - WG Biscuits & Sausage Gravy, Juice, Fruit, Milk Lunch – Sub Sandwich, Lettuce, Broccoli, Baby Carrots, ½ Apple, Milk
17 B'Fast – Breakfast Pizza, Juice, Fruit, Milk Lunch – Chicken Fajita on Soft Shell, Corn, Lettuce, Cheese, Tomatoes, Pears, Milk	18 B'Fast –Egg/Cheese Omelet, Juice, Fruit, Milk Lunch- Crispito with Cheese, Refried Beans, Mandarin Oranges, Milk	19 B'Fast - French Toast, Sticks, Juice, Fruit, Milk Lunch – Cheeseburger on WG Bun, French Fries, Tomato Slices, Peaches, Milk	20 B'Fast– Ham/Egg Combo, Toast, Juice, Fruit, Milk Lunch – Chicken Alfredo, Steamed Carrots, Bread Stick, Celery Sticks, ½ Orange, Milk	21 B'Fast – Pancake on Stick, Juice, Fruit, Milk Lunch- Pizza, Romaine/Spinach Lettuce, Strawberries, Milk
24 B'Fast - WG Biscuit Egg Cheese, Juice, Fruit, Milk Lunch-Chicken Nuggets, Mashed Potatoes w/ Gravy, BB Sandwich Peaches, Milk	25 B'Fast – Ham/Egg Combo, Toast, Juice, Fruit, Milk Lunch- Lasagna, Romaine/Spinach Lettuce, Bread Stick, Pineapple, Milk	26 B'Fast - WG Biscuits & Sausage Gravy, Juice, Fruit, Milk Lunch – Beefburger on Bun, Baked Beans, Coleslaw, Pears, Milk	27 B'Fast – Egg, Cheese, Omelet, Toast, Juice, Fruit, Milk Lunch – Mini Corndogs, Broccoli, Peaches, Milk	28 B'Fast – Breakfast Pizza, Juice, Fruit, Milk Lunch – Chicken Patty on Bun, Curly Fries, Baby Carrots, ½ Apple, Milk