

# North Union Elementary

## November 2018 Menu

Please Note: Breakfast Milk choice includes a choice of non-fat (unflavored) or 1% (unflavored) milk,  
Lunch includes a choice of non-fat (flavored or unflavored) or 1% (unflavored) milk  
Reduced fat dressing is served with salads and fresh vegetables.  
All Grain items are Whole Grain Rich

Mon	Tue	Wed	Thu	Fri
			1	2
			B'Fast – Pancake on Stick, Fruit, Juice, Milk  Lunch-Chicken Strips, Mashed Potatoes w/ Gravy, BB Sandwich Applesauce, Milk	NO SCHOOL
5	6	7	8	9
B'Fast – Egg/Ham Combo, Toast, Fruit, Juice, Milk  Lunch- Pizza, Green Beans, Romaine/Spinach Lettuce, Strawberries, Milk	B'Fast – French Toast Sticks, Fruit, Juice, Milk  Lunch-Chicken Nuggets, Mashed Potatoes w/ Gravy, BB Sandwich Peaches, Milk	B'Fast - Biscuits & Sausage Gravy or Cereal, Fruit, Juice, Milk  Lunch – Cheeseburger on WG Bun, French Fries, Tomato Slices, Mandarin Oranges, Milk	B'Fast – Breakfast Pizza, Fruit, Juice, Milk  Lunch – Scalloped Potatoes w/Ham, Peas, BB Sandwich, Pears, Milk	B'Fast –Cheese Omelet, Toast, Fruit, Juice, Milk  Lunch – Hotdog on Bun, Baked Beans, Baby Carrots, Orange Wedges, Milk
12	13	14	15	16
B'Fast – Waffle Sticks, Fruit, Juice, Milk  Lunch – Chicken Fajita on Soft Shell, Corn, Refried Beans, Lettuce, Cheese, Tomatoes, Pears, Milk	B'Fast – Pancake on Stick , Fruit, Juice, Milk  Lunch – Tator Tot Hotdish, BB Sandwich, Peaches, Milk	B'Fast – Egg/Cheese Biscuit, Fruit, Juice, Milk  Lunch – Pork Tender on Bun, Peas, Mandarin Oranges, Milk	B'Fast -French Toast Sticks, Fruit, Juice, Milk  Lunch – Mini Corndogs, Broccoli , Pears, Milk	B'Fast – Egg/Ham Combo, Toast, Fruit, Juice, Milk  Lunch – Turkey, Mashed Potatoes w/Gravy, Corn, Tea Roll, Applesauce, Pumpkin Pie, Milk
19	20	21	22	23
B'Fast – Breakfast Wrap, Fruit, Juice, Milk  Lunch – Rib on Bun, Wedge Fries, Pineapple, Milk	B'Fast – Biscuits & Sausage Gravy or Cereal, Fruit, Juice, Milk  Lunch- Crispito w/Cheese, Corn, Refried Beans, Mandarin Oranges, Milk	B'Fast – Breakfast Pizza, Fruit, Juice, Milk  Lunch – Chicken Patty on Bun, Curly Fries, Romaine/Spinach Salad, Pears, Milk	 NO SCHOOL	NO SCHOOL
26	27	28	29	30
B'Fast – Egg/Ham Combo, Toast, Fruit, Juice, Milk  Lunch – Fish Nuggets, Wedge Fries, Pears, Milk	B'Fast – Egg/Cheese Biscuit, Fruit, Juice, Milk  Lunch- Chicken Tetrizzini, Romaine/Spinach Salad, Carrots, Applesauce, Milk	B'Fast – Pancake on Stick , Fruit, Juice, Milk  Lunch – Beefburger, Baked Beans, Coleslaw, Mandarin Oranges, Milk	B'Fast – Breakfast Pizza, Fruit, Juice, Milk  Lunch – Italian Chicken on Bun, Tator Tots, Celery, Peaches, Milk	B'Fast –Cheese Omelet, Toast, Fruit, Juice, Milk  Lunch – Chili, Toasted Cheese Sandwich, Baby Carrots, Crackers, Applecrisp, Milk