

# February 2019

Please Note: Breakfast Milk choice includes a choice of non-fat (unflavored) or 1% (unflavored) milk,  
Lunch includes a choice of non-fat (flavored or unflavored) or 1% (unflavored) milk  
Reduced fat dressing is served with salads and fresh vegetables.  
All Grain items are Whole Grain Rich

Mon	Tue	Wed	Thu	Fri
				1 B'Fast – Cheese Omelet, Juice, Fruit, Milk  Lunch- Pizza, Green Beans, Romaine/Spinach Lettuce, Strawberries, , Pineapple, Milk
4 B'Fast = Waffle Sticks, Cheese Stick, Juice, Fruit, Milk  Lunch – Chicken Alfredo, Steamed Carrots, Bread Stick, Celery Sticks, Applesauce, ½ Orange, Milk	5 B'Fast – Biscuits & Sausage Gravy, Juice, Fruit, Milk  Lunch – Maidrite on Bun, Baked Beans, Peaches, Fresh Fruit, Milk	6 B'Fast – Breakfast Pizza, Juice, Fruit, Milk  Lunch – Chicken Patty on Bun, Curly Fries, ½ Apple, Mandarin Oranges, Milk	7 B'Fast – Breakfast Wrap, Juice, Fruit, Milk  Lunch- Tator Tot Hotdish, Mixed Vegetables, BB Sandwich, Banana, Pears, Milk	8 B'Fast – Biscuits & Egg/Cheese, Juice, Fruit, Milk  Lunch – Corndogs, Broccoli w/Cheese Sauce, Baby Carrots, Fresh Fruit, Applesauce, Milk
11 B'Fast – Pancake on Stick, Juice, Fruit, Milk  Lunch- Cream Chicken on Biscuits, Peas, Steamed Carrots, ½ Orange, Pears, Milk	12 B'Fast – Egg Ham Combo, Juice, Fruit, Milk  Lunch-Chicken Strips, Mashed Potatoes w/ Gravy, BB Sandwich, Pears, Fresh Fruit, Milk	13 B'Fast - Fresh Toast Sticks, Juice, Fruit, Milk  Lunch – Pork Tender on Bun, Rice, Peas, Mandarin Oranges, ½ Apple, Milk	14 B'Fast – Breakfast Wrap Juice, Fruit, Milk  Lunch – Spaghetti w/Meat Sauce, Bread Stick, Green Beans, Romaine/Spinach Salad, Applesauce, Fresh Fruit, Milk	15 B'Fast - Breakfast Pizza, Juice, Fruit, Milk  Lunch – Mini Corndogs, Broccoli w/Cheese Sauce, Baked Beans, Baby Carrots, Fresh Fruit, Peaches, Milk
18 NO SCHOOL	19 B'Fast – Egg Ham Combo, Juice, Fruit, Milk  Lunch- Crispito's, Cheese, Chili, Corn, BB Sandwich, Refried Beans, ½ Apple, Mandarin Oranges, Milk	20 B'Fast – Biscuits & Sausage Gravy, Juice, Fruit, Milk  Lunch – Cheeseburger on WG Bun, French Fries, Romaine/Spinach, Tomato Slices, Baby Carrots, Fresh Fruit, Pears, Milk	21 B'Fast – Biscuits & Egg/Cheese, Juice, Fruit, Milk  Lunch-Chicken Nuggets, Mashed Potatoes w/ Gravy, BB Sandwich Peaches, Applesauce, Baby Carrots, Milk	22 B'Fast - Fresh Toast Sticks, Juice, Fruit, Milk  Lunch – Rib on Bun, Wedge Fries, Peaches, Pears, Milk
25 B'Fast – Pancake on Stick, Juice, Fruit, Milk  Lunch- Elem: Soft Shell Taco, HS: Taco in Bag, Lettuce, Tomatoes, Cheese, Refried Beans, Green Beans, ½ Orange, Peaches, Milk	26 B'Fast – Breakfast Pizza, Juice, Fruit, Milk  Lunch – Country Fried Steak, Mashed Potatoes w/Gravy, Baby Carrots, BB Sandwich, Pears, Applesauce, Milk	27 B'Fast – Pancakes, Juice, Fruit, Milk  Lunch – Chili, Crackers, Cheese Sandwich, Baby Carrots, Applecrisp, Milk	28 B'Fast – Cheese Omelet, Toast, Fruit, Juice Milk  Lunch – Italian Chicken on Bun, Tator Tots, Celery, Fresh Fruit,, Pears, , Milk	1. Lunch – Spaghetti w/Meat Sauce, Green Beans, Romaine/Spinach, Breadstick,Milk

