

March 2019

Please Note: Breakfast Milk choice includes a choice of non-fat (unflavored) or 1% (unflavored) milk,
Lunch includes a choice of non-fat (flavored or unflavored) or 1% (unflavored) milk
Reduced fat dressing is served with salads and fresh vegetables.
All Grain items are Whole Grain Rich

Mon	Tue	Wed	Thu	Fri
				1 Breakfast – Egg/Ham Combo, Toast, Fruit, Juice, Milk Lunch – Spaghetti w/Meat Sauce, Breadstick, Green Beans, Romaine/Spinach, Banana, Peaches, Milk
4 B'Fast – Breakfast Pizza, Fruit, Juice, Milk Lunch – Chicken Fajita on Soft Shell, Corn, Refried Beans, Lettuce, Cheese, Romaine, Tomatoes, Fresh Fruit, Peaches, Milk	5 B'Fast – Pancake on Stick, Fruit, Juice, Milk Lunch- Crispito's w/Cheese & Chili, Baby Carrots, BB Sandwich, Mixed Vegetables, Fresh Fruit, Pears, Milk	6 B'Fast – Breakfast Wrao, Fruit, Juice, Milk Lunch- Pizza, Green Beans, Romaine/Spinach Lettuce, Strawberries, ,Pineapple, Milk	7 Breakfast – Egg/Ham Combo, Toast, Fruit, Juice, Milk Lunch-Chicken Nuggets, Mashed Potatoes w/ Gravy, BB Sandwich Peaches, Applesauce, Milk	8 B'Fast – Egg/Cheese Omelet, Toast, Fruit, Juice, Milk Lunch – Fish Pieces, Wedge Fries, Baby, Carrots, ½ Orange, Pears, Milk
11 B'Fast – Pancakes, Cheese Stick, Fruit, Juice, Milk Lunch – Pork Tender on Bun, Rice, Peas, Baby Carrots, Peaches, Fresh Fruit, ½ Apple, Milk	12 B'Fast – Breakfast Pizza, Fruit, Juice, Milk Lunch- Chicken Alfredo,, BB Sandwich, Romaine/Spinach Salad, Green Beans, ½ Orange, Applesauce, Milk	13 B'Fast – Biscuits & Gravy, Fruit, Juice, Milk Lunch – Cheeseburger on WG Bun, French Fries, Romaine/Spinach, Tomato Slices, Mandarin Oranges, ½ Apple,, Milk	14 B'Fast – Pancake on Stick, Fruit, Juice, Milk Lunch – Mini Corndogs, Broccoli w/Cheese Sauce, Baby Carrots, Applesauce, Pear, Milk	15 NO SCHOOL
18 B'Fast – Waffle Stixs, Cheese Stick, Fruit, Juice, Milk Lunch – BBQ Pork on Bun, Corn Romaine/Spinach, Mandarin Oranges, ½ Apple, Milk	19 Breakfast – Egg/Ham Combo, Toast, Fruit, Juice, Milk Lunch-Chicken Strips, Mashed Potatoes w/ Gravy, BB Sandwich Applesauce, Fresh Fruit, Milk	20 B'Fast – Breakfast Pizza, Fruit, Juice, Milk Lunch – Chili, Cheese Sandwich, Baby Carrots, Crackers, Applecrisp, Milk	21 B'Fast – Biscuit Egg/Cheese, Fruit, Juice, Milk Lunch – Hotdog on Bun, Baked Beans, Baby Carrots, ½ Orange, Pears, Milk	22 B'Fast – French Toast Sticks, Fruit, Juice, Milk Lunch – Fish Sandwich, Tator Tots, Celery Sticks, Applesauce, Peaches, Milk
25 B'Fast – Pancake on Stick, Fruit, Juice, Milk Lunch- Elem: Soft Shell Taco, HS: Taco in Bag, Lettuce, Tomatoes, Cheese, Refried Beans, Green Beans, ½ Orange, Pears, Milk	26 B'Fast – Egg/Cheese Omelet, Toast, Fruit, Juice, Milk Lunch- Cream Chicken on Biscuits, Peas, Steamed Carrots, Applesauce, Fresh Fruit, Milk	27 B'Fast – Biscuits & Sausage Gravy, Fruit, Juice, Milk Lunch – Rib on Bun, Wedge Fries, Baby Carrots, Mandarin Oranges, ½ Apple, Milk	28 Breakfast – Egg/Ham Combo, Toast, Fruit, Juice, Milk Lunch – Tator Tot Hotdish, BB Sandwich, Mixed Vegetables, Pears, Fresh Fruit, Milk	29 B'Fast – Breakfast Wrao, Fruit, Juice, Milk Lunch- Pizza, Green Beans, Romaine/Spinach Lettuce, Strawberries, ,Pineapple, Milk

