

North Union Elem/MS ~ Swea City Campus

November 2017

Mon	Tue	Wed	Thu	Fri
6				
<u>Breakfast</u> Hot or Cold Cereal Muffin Fruit Cup	<u>Breakfast</u> Omelet Toast Apricots	<u>Lunch</u> Scalloped Potatoes & Ham Tea Rolls Mixed Veg. Fruit Cup	<u>Lunch</u> Chicken Noodle Soup; Toasted Ch Sandwiches Crackers, Fresh Veg. Pineapple	<u>Lunch</u> Steak Nuggets Hash Browns Rom Lettuce Salad M. Oranges Peaches
13				
<u>Breakfast</u> Omelet 1/2 Bagel Peaches	<u>Breakfast</u> Combo Bar Toast M. Oranges	<u>Lunch</u> BBQ Pork/Bun AuGratin Potatoes Green Beans Applesauce	<u>Lunch</u> Chicken Alfredo Over Noodles Calif. Veg Peaches Blueberry Coffee Cake	<u>Breakfast</u> Pancake & Gravy Fruit Cup
20				
<u>Breakfast</u> PB & Jelly Sandwich Orange Slices	<u>Breakfast</u> French Toast Sticks Syrup Fruit Cocktail	<u>Lunch</u> Chicken Breast on Bun Hash Browns Carrots Apple or Oranges Slices	<u>Lunch</u> Ham, Mash, Potatoes, Stuffing, Gravy, Scalloped Corn Apricots Pumpkin Pie	<u>Breakfast</u> Pop Tart Yogurt Applesauce
27				
<u>Breakfast</u> Pancake Wrap Syrup Apricots		<u>Lunch</u> Hamburgers/Bun French Fries Green Beans Peaches	<u>Lunch</u> Chicken Tenders Mash. Potatoes Corn Applesauce	<u>Breakfast</u> Donut Moz Ch Stick Pineapple
1	1	2	9	10
<u>Breakfast</u> Cereal Bar Moz Ch Stick Peaches	<u>Breakfast</u> Pancake Wrap Syrup M. Oranges	<u>Lunch</u> Pork Chop-pette/Bun Corn M. Oranges	<u>Lunch</u> Bkft Pizza Pears	<u>Lunch</u> Spaghetti w/Meat Sauce Garlic Bread Peas Pears or Kiwi
14	7	8	15	16
<u>Breakfast</u> Omelet Toast Apricots	<u>Breakfast</u> Carmel Roll Cheese Slice Applesauce	<u>Lunch</u> Chicken Alfredo Over Noodles Calif. Veg Peaches Blueberry Coffee Cake	<u>Lunch</u> Hot Ham & Ch On Bun Potato Smiles Baked Beans Pineapple	<u>Breakfast</u> Pancake Syrup Saus Link Apricots
21	21	22	22	23
<u>Breakfast</u> French Toast Sticks Syrup Fruit Cocktail		<u>Lunch</u> Ham, Mash, Potatoes, Stuffing, Gravy, Scalloped Corn Apricots Pumpkin Pie	<u>Lunch</u> Crispitos Broccoli Cheese Sauce Pears	<u>Breakfast</u> Pop Tart Yogurt Applesauce
28				
<u>Breakfast</u> Bkft Pizza Pears		<u>Lunch</u> Chicken Tenders Mash. Potatoes Corn Applesauce	<u>Breakfast</u> Donut Moz Ch Stick Pineapple	<u>Lunch</u> Pizza Rom. Lettuce Salad Peas Fruit Cocktail
2	3	4	5	6
<u>Breakfast</u> Pancake Wrap Syrup Apricots	<u>Breakfast</u> Pancake Wrap Syrup M. Oranges	<u>Lunch</u> Pork Chop-pette/Bun Corn M. Oranges	<u>Lunch</u> Bkft Pizza Pears	<u>Breakfast</u> Waffle Sticks Syrup Pineapple
17	17	17	17	17
<u>Breakfast</u> Omelet Toast Apricots	<u>Breakfast</u> Carmel Roll Cheese Slice Applesause	<u>Lunch</u> Hot Ham & Ch On Bun Potato Smiles Baked Beans Pineapple	<u>Lunch</u> Beef Gravy Mash, Potatoes Corn M. Oranges	<u>Lunch</u> Corn Dogs Chips & Salsa Peas Calif. Fruit Cup
24				

MS Salad Bar served everyday

*Juice & Milk available daily for Breakfast

*Milk available daily for Lunch

*Peanut-Butter sandwiches served daily

FEES

Breakfast \$2.20 ~ .30 Reduced ~ Extra Breakfast \$1.00

Lunch \$2.85 ~ .40 Reduced ~ Extra Lunch \$1.50

Extra Milks .35 cents