April 2019

Please Note: Breakfast Milk choice includes a choice of non-fat (unflavored) or 1% (unflavored) milk, Lunch includes a choice of non-fat (flavored or unflavored) or 1% (unflavored) milk Reduced fat dressing is served with salads and fresh vegetables.

All Grain items are Whole Grain Rich

Mon	Tue	Wed	Thu	Fri
1 B'Fast – Breakfast Pizza, Fruit, Juice, Milk	B'Fast – Cheese Omelet, Toast, Fruit, Juice, Milk	Breakfast – Egg/Ham Combo, Toast, Fruit, Juice, Milk	4 B'Fast – Waffle Sticks, Cheese Stick, Fruit, Juice, Milk	5 B'Fast – Biscuit Egg/Cheese, Fruit, Juice, Milk
Lunch-Chicken Strips, Mashed Potatoes w/ Gravy, BB Sandwich Applesauce, Fresh Fruit, Milk	Lunch – Hot/Ham Sandwich, Baked Beans, Baby Carrots, Celery, Peaches, Pineapple, Milk	Lunch – Chicken Patty on Bun, Curly Fries, ½ Apple, Mandarin Oranges, Milk	Lunch – Spaghetti w/Meat Sauce, Bread Stick, Green Beans, Romaine/Spinach Salad, Applesauce, Fresh Fruit, Milk	Lunch - Meaty Nacho's, Broccoli, Baby Carrots, Pears, ½ Orange, Milk
8 B'Fast – Breakfast Wrap, Fruit, Juice, Milk Lunch – Maidrites on	9 B'Fast – Breakfast Pizza, Fruit, Juice, Milk	10 B'Fast – French Toast Sticks, Fruit, Juice, Milk Lunch – Rib on Bun,	11 B'Fast – Biscuits & Sausage Gravy, Fruit, Juice, Milk	12 B'Fast – Cheese Omelet, Toast, Fruit, Juice, Milk Lunch- Pizza, Green
Bun, Baked Beans, Coleslaw, Pears, Fresh Fruit, Milk	Lunch Lasagna, Green Beans, Romaine/Spinach Lettuce, Bread Stick, Pineapple, Applesauce, Milk	Wedge Fries, Baby Carrots, Mandarin Oranges, ½ Apple, Milk	Lunch – Corndogs, Broccoli w/Cheese Sauce, Baby Carrots, Applesauce, Pear, Milk	Beans, Romaine/Spinach Lettuce, Strawberries, Pineapple, Milk
15 B'Fast – Pancake on Stick, Fruit, Juice, Milk	16 Breakfast – Egg/Ham Combo, Toast, Fruit,	17 B'Fast – Biscuit Egg/Cheese, Fruit, Juice,	18 B'Fast – Breakfast Pizza, Fruit, Juice, Milk	No School
Lunch - Ham, Mashed Potatoes w/Gravy, Corn, Dinner Roll, Applesauce, Pears, Milk	Juice, Milk  Lunch- Crispito's w/Cheese & Chili, Baby Carrots, BB Sandwich, Mixed Vegetables Fresh Fruit, Peaches, Milk	Milk  Lunch – Italian Chicken on Bun, Tator Tot, Celery, Fresh Fruit, Pears, Milk	Lunch – Chedderwurst on Bun, Baked Beans, Baby Carrots, ½ Apple, Mandarin Oranges, Milk	3
22 B'Fast – Breakfast Wrap,, Fruit, Juice, Milk	B'Fast – Waffle Stix's, Cheese Stick, Fruit,	B'Fast – Biscuits & Sausage Gravy, Fruit,	25 B'Fast – Breakfast Pizza, Fruit, Juice, Milk	26 B'Fast – Cheese Omelet, Toast, Fruit, Juice, Milk
Lunch- Goulash, Mixed Vegetables, Romaine/Spinach, BB Sandwich, Banana, Applesauce, Milk	Juice, Milk  Lunch-Chicken Nuggets, Mashed Potatoes w/ Gravy, Celery, BB Sandwich Peaches, Fresh Fruit, Milk	Juice, Milk  Lunch – Cheeseburger on WG Bun, French Fries, Romaine/Spinach, Tomato Slices, Mandarin Oranges, ½ Apple,, Milk	Lunch- Elem: Soft Shell Taco, HS: Taco in Bag, Lettuce, Tomatoes, Cheese, Refried Beans, Green Beans, ½ Apple, Pears, Milk	Lunch – Chicken Tetrazzini, BB Sandwich, Steamed Carrots ,Fresh Fruit, Peaches, Milk
29	30			

Breakfast – Egg/Ham Combo, Toast, Fruit, Juice, Milk	B'Fast – French Toast Sticks, Fruit, Juice, Milk		
Lunch- Pizza, Green Beans, Romaine/Spinach Lettuce, Strawberries, Pineapple, Milk	Lunch - Scalloped Potatoes w/Ham, Peas, Romaine/Spinach Salad, BB Sandwich, Applesauce, ½ Orange, Milk		

