

North Union Elem/MS ~ Swea City Campus

November 2019

| Mon | Tue | Wed | Thu | Fri |
|--|---|---|--|--|
| <p>4 Breakfast- Scrambled eggs, sausage, toast</p> <p>Lunch- Pizza, Green beans, Romaine Lettuce, pears, applesauce</p> | <p>5 Breakfast- Pancake on a stick, fruit</p> <p>Lunch- Chicken nuggets, mashed potato w/gravy, dinner roll, peaches, pineapple</p> | <p>6 Breakfast Yogurt parfait, toast</p> <p>Lunch- Cheese-burger/bun, French fries, romaine, Tomatoes, fruit</p> | <p>7 Breakfast Breakfast Pizza, fruit</p> <p>Lunch- Scalloped Potatoes w/ham, peas, dinner roll, banana, pears</p> | <p>8 Break- fast- Donut, string cheese, fruit</p> <p>Lunch- Hotdog on a bun, baked beans, chips, applesauce</p> |
| <p>11 Break- fast-Biscuits and gravy, fruit</p> <p>Lunch- Taco in a bag, romaine, tomato, cheese, refried beans, applesauce, peaches</p> | <p>12 Break- fast- Egg and cheese biscuit, fruit</p> <p>Chicken strips, mashed/gravy, dinner roll, mandarin oranges</p> | <p>13</p> <p>NO SCHOOL!!!!</p> | <p>14 Break- fast-French toast sticks, sausage, fruit</p> <p>Lunch- Italian chicken /bun, twister fries, fresh fruit, applesauce</p> | <p>15 Break- fast- Long John, sausage, fruit</p> <p>Lunch- Fish Nuggets, cottage fries, carrots, celery, peaches</p> |
| <p>18 Break- fast-ham, egg, cheese biscuit, fruit</p> <p>Lunch- Chili, cheese sand, baby carrots, celery, crackers, apple crisp</p> | <p>19 Break- fast- pancake on a stick, fruit</p> <p>Lunch- Tater Tot hot dish, green beans, dinner roll, peaches, pears</p> | <p>20 Break- fast- scrambled eggs, sausage, toast</p> <p>Lunch- Pork fritter/bun, baked beans, broccoli w/cheese, fresh fruit,</p> | <p>21 Break- fast- Biscuit/gravy, fruit</p> <p>Lunch- Mini corn dogs, macaroni and cheese, peas, 1/2 apple, 1/2 orange</p> | <p>22 Break- fast-egg omelet cheese, toast, fruit</p> <p>Lunch- Turkey, mashed/gravy, corn, dinner roll, applesauce,</p> |
| <p>25 Breakfast Omelet Hashbrown Fruit</p> <p>Lunch Rib/bun, cottage fries, romaine, Cucumbers, carrots, pineapple</p> | <p>26 Breakfast Pancake on a stick Fruit</p> <p>Lunch Crispito Cheese/Chili Corn Rosy Apple-sauce</p> | <p>27 Breakfast Long John, sausage Fruit</p> <p>Lunch Chicken sandwich/bun, chips, celery, carrots, cucumbers, peaches, fresh fruit</p> | <p>28</p> <p>NO SCHOOL!!!!</p> | <p>29</p> <p>NO SCHOOL!!!!</p> |

MS Salad Bar served everyday
 *Juice & Milk available daily for Breakfast
 *Milk available daily for Lunch

CEREAL OFFERED AS SECOND CHOICE DAILY FOR BREAKFAST.

FEES
 Breakfast \$2.25 ~ .30 Reduced ~ Extra Breakfast \$1.00
 Lunch \$3.00 ~ .40 Reduced ~ Extra Lunch \$1.50
 Extra Milks .40 cents