



# December 2019

**Please Note: Breakfast Milk choice includes a choice of non-fat (unflavored) or 1% (unflavored) milk,  
Lunch includes a choice of non-fat (flavored or unflavored) or 1% (unflavored) milk  
Reduced fat dressing is served with salads and fresh vegetables.  
All Grain items are Whole Grain Rich**

Mon	Tue	Wed	Thu	Fri
<p>2</p> <p>B'Fast – Pancake on Stick, Fruit, Juice, Milk</p> <p>Lunch - Taco in Bag, Lettuce, Tomatoes, Cheese, Refried Beans, Green Beans, ½ Orange, Pears, Milk</p>	<p>3</p> <p>B'Fast – Biscuits, Sausage Gravy, Fruit, Juice, Milk</p> <p>Lunch-Chicken Nuggets, Mashed Potatoes w/ Gravy, BB Sandwich, Peaches, Fresh Fruit, Milk</p>	<p>4</p> <p>B'Fast – Breakfast Wrap, Fruit, Juice, Milk</p> <p>Lunch – Cheeseburger on Bun, French Fries, Romaine/Spinach, Applesauce, Pears, Milk</p>	<p>5</p> <p>B'Fast – Breakfast Pizza, Fruit, Juice, Milk</p> <p>Lunch- Tator Tot Hotdish, Mixed Vegetables, Romaine/Spinach Salad, BB Sandwich, Banana, Pears, Milk</p>	<p>6</p> <p>B'Fast – Egg/Cheese Omelet, Toast, Fruit, Juice, Milk</p> <p>Lunch- Hot Dog on Bun, Baked Beans, Baby Carrots, ½ Apple, Mandarin Oranges, Milk</p>
<p>9</p> <p>B'Fast – Egg/Ham Combo, Toast, Fruit, Juice, Milk</p> <p>Lunch – Spaghetti w/Meat Sauce, Breadstick, Green Beans, Romaine/Spinach, Fresh Fruit, Pears, Milk</p>	<p>10</p> <p>B'Fast – Pancakes, Sausage, Fruit, Juice, Milk</p> <p>Lunch- Crispito's w/Cheese &amp; Chili, Green Beans, BB Sandwich, Peaches, Applesauce, Milk</p>	<p>11</p> <p>B'Fast – French Toast Sticks, Fruit, Juice, Milk</p> <p>Lunch – Chicken Patty on Bun, Curly Fries, Fresh Fruit, Pears, Milk</p>	<p>12</p> <p>B'Fast – Breakfast Pizza, Fruit, Juice, Milk</p> <p>Lunch – Sub Sandwich, Romaine Spinach, Baked Beans, Baby Carrots, Mandarin Orange ½ Apple, Milk</p>	<p>13</p> <p>B'Fast – Egg/Cheese Biscuits, Fruit, Juice, Milk</p> <p>Lunch – Corndog, Broccoli w/Cheese, Baby Carrots, ½ Banana, Applesauce, Milk</p>
<p>16</p> <p>B'Fast – Egg/Ham Combo, Toast, Fruit, Juice, Milk</p> <p>Lunch – Pepperoni Pizza Bread, Romaine/Spinach Salad, Green Beans, Strawberries, Pineapple, Milk</p>	<p>17</p> <p>B'Fast – Pancake on Stick, Fruit, Juice, Milk</p> <p>Lunch- Ham, Corn, Mashed Potatoes w/Gravy, BB Sandwich, Applesauce, Christmas Cookie, Tea Roll, Milk</p>	<p>18</p> <p>B'Fast – Biscuits &amp; Sausage Gravy, Fruit, Juice, Milk</p> <p>Lunch – Italian Chicken on Bun, Tator Tots, Baby Carrots, , ½ Orange, Pears, , Milk</p>	<p>19</p> <p>B'Fast – Breakfast Pizza, Fruit, Juice, Milk</p> <p>Lunch – Pulled Pork on Bun, Baked Beans, Fruit, Milk</p>	<p>20</p> <p>B'Fast – Egg/Cheese Omelet, Toast, Fruit, Juice, Milk</p> <p>Lunch – Cream Chicken, Romaine/Spinach Salad, Peas, Fruit, Milk</p>
<p>23</p> <p>No School</p>	<p>24</p> <p>No School</p>	<p>25</p> <p>No School</p> 	<p>26</p> <p>No School</p>	<p>27</p> <p>No School</p>
<p>30</p> <p>No School</p>	<p>31</p> <p>No School</p>	<p>Jan 1</p> <p>No School</p> 	<p>Jan 2</p> <p>No School</p>	<p>Jan 3</p> <p>No School</p>