

# North Union Elem/MS ~ Swea City Campus

# January 2019

Mon	Tue	Wed	Thu	Fri
6 <u>B'fast</u> - Egg/cheese omelet,toast,fruit <u>Lunch</u> - Pizza, green beans, Romaine, mandarin oranges, pineapple	7 <u>B'fast</u> - Biscuits and Sausage gravy, fruit <u>Lunch</u> -Chicken Nuggets, mashed potatoes/gravy, corn, fruit	8 <u>B'fast</u> - Cereal, toast <u>Lunch</u> - Cheeseburger/bun, potato puffs,Romaine,fruit veggies for burger	9 <u>B'fast</u> - Scrambled eggs,toast,sausage <u>Lunch</u> -Scalloped Potatoes/Ham,peas,fruit, dinner roll	10 <u>B'fast</u> - Pancake on a stick, fruit <u>Lunch</u> - Hot Dog with cheese/bun, baked beans, fresh veggies,
13 <u>B'fast</u> - Pizza, fruit <u>Lunch</u> -Spaghetti/meat sauce, green beans, romaine, Rosy Applesauce	14 <u>B'fast</u> -Egg/sausage/cheese on English muffin, fruit <u>Lunch</u> -S.Shell Taco w/all fixins,veggies,beans,fresh fruit	15 <u>B'fast</u> -Yogurt Parfait, muffin, fruit <u>Lunch</u> - Chicken Patty/Bun, mixed vegetables, fresh fruit	16 <u>B'fast</u> - Pancakes,sausage,fruit <u>Lunch</u> - Hot ham and cheese,tater tots,fresh veggies and fruit	17 <u>B'fast</u> Donut,sausage links, fruit <u>Lunch</u> -Sub sandwich, chips,romaine,fresh fruit
20 <u>B'fast</u> -Biscuits and gravy, hash brown, fruit <u>Lunch</u> -Chicken fajita on soft shell, refried beans, romaine, veggies, fruit	21 <u>B'fast</u> -Pizza, fruit, <u>Lunch</u> -Salisbury Steak, mashed/gravy,carrots,cucumbers, fresh fruit	22 <u>B'fast</u> -Yogurt Parfait, muffin, fruit <u>Lunch</u> -Pulled pork/Bun, baked beans, fresh veggies, applesauce	23 <u>B'fast</u> -French toast sticks, scrambled eggs, fruit <u>Lunch</u> -Chicken strips, mashed potatoes/gravy,pears,1/2 orange	24 <u>B'fast</u> - Long John,string cheese, fruit <u>Lunch</u> - Chicken Alphabet soup,cheese,sand,crackers, jello cake, fruit, veggies
27 <u>B'fast</u> - pancake on a stick, fruit <u>Lunch</u> -Rib/Bun, baked beans,chips,fresh veggies, pears, peaches	28 <u>B'fast</u> -Pizza, fruit <u>Lunch</u> -Lasagna, Green beans,Romaine,breadstick, cinnamon cake, rosy applesauce.	29 <u>B'fast</u> -Scrambled eggs,toast,sausage, fruit <u>Lunch</u> -Italian chicken/bun,tater tots, mandarin oranges, 1/2 apple	30 <u>B'fast</u> -Cereal,toast,fruit <u>Lunch</u> -Crispitos,cheese,chili,corn,fruit, fresh veggies	31 <u>B'fast</u> - sausage egg and cheese muffin, fruit <u>Lunch</u> - Corndog, broccoli/cheese, fresh fruit,

*Happy  
New Year!!!*

2 Last Day of  
VACATION!!!

**MS Salad Bar served everyday**

**\*Juice & Milk available daily for Breakfast**

**\*Milk available daily for Lunch**

**\*Menu Subject to change**

**Breakfast \$2.25 ~ .30 Reduced ~ Extra Breakfast \$1.00**

**Lunch \$3.00 ~ .40 Reduced ~ Extra Lunch \$1.50**

**Extra Milks .40 cents**

**FEES**