

February 2020

**Please Note: Breakfast Milk choice includes a choice of non-fat (unflavored) or 1% (unflavored) milk,
Lunch includes a choice of non-fat (flavored or unflavored) or 1% (unflavored) milk
Reduced fat dressing is served with salads and fresh vegetables.
All Grain items are Whole Grain Rich**

Mon	Tue	Wed	Thu	Fri
3	4	5	6	7
B'Fast – Scrambled Eggs, Toast, Fruit, Juice, Milk Lunch – Chicken Fajita on Soft Shell, Green Beans, Refried Beans, Lettuce, Cheese, Romaine, Tomatoes, Fresh Fruit, Applesauce, Milk	B'Fast – Egg/Ham Combo, Toast, Fruit, Juice, Milk Lunch- Pizza, Green Beans, Romaine/Spinach Lettuce, Strawberries, , Pineapple, Milk	B'Fast – Waffle Sticks, Cheese Sticks, Fruit, Juice & Milk Lunch – Chicken Patty on Bun, Curly Fries, ½ Apple, Mandarin Oranges, Milk	B'Fast – Egg/Cheese Omelet, Toast, Fruit, Juice, Milk Lunch – Tator Tot Hotdish, Mixed Vegetables, BB Sandwich, Peaches, Cantaloupe, Milk	B'Fast – Pancake on Stick , Fruit, Juice, Milk Lunch – Hotdog on Bun, Baked Beans, Baby Carrots, ½ Orange, Applesauce, Milk
10	11	12	13	14
B'Fast -French Toast Sticks, Fruit, Juice, Milk Lunch- Cream Chicken on Biscuits, Peas, Steamed Carrots, ½ Orange, Pears, Milk	B'Fast – Breakfast Pizza, Fruit, Juice, Milk Lunch – Spaghetti w/Meat Sauce, Bread Stick, Green Beans, Romaine/Spinach Salad, Applesauce, Peaches, Milk	B'Fast - Biscuits & Sausage Gravy, Fruit, Juice, Milk Lunch – Cheeseburger on WG Bun, French Fries, Baked Beans, Tomato Slices, Mandarin Oranges, , Pears, Milk	B'Fast – Egg/Cheese Omelet, Toast, Fruit, Juice, Milk Lunch-Chicken Strips, Mashed Potatoes w/ Gravy, BB Sandwich, Pears, Fresh Fruit, Milk	B'Fast – Egg/Cheese Biscuit, Fruit, Juice, Milk Lunch – Corndogs, Broccoli w/Cheese Sauce, Baby Carrots, Fresh Fruit, Peaches, <i>Happy Valentine's Day</i>
17	18	19	20	21
B'Fast – Breakfast Wrap, Fruit, Juice, Milk Lunch – Sub Sandwich, Baked Beans, Baby Carrots, Peaches, Applesauce, Baby Carrots, Milk	B'Fast – Egg/Cheese Omelet, Toast, Fruit, Juice, Milk Lunch- Crispito's, Cheese, Chili, Corn, BB Sandwich, Refried Beans, ½ Apple, Mandarin Oranges, Milk	B'Fast - Biscuits & Sausage Gravy, Fruit, Juice, Milk Lunch – Pork Tender on Bun, Rice, Peas, Baby Carrots, ½ Orange, Applesauce, Milk	B'Fast – Breakfast Pizza, Fruit, Juice, Milk Lunch Lasagna, Green Beans, Romaine/Spinach Lettuce, Bread Stick, Pears, Fresh Fruit, Milk	B'Fast – Pancake on Stick , Fruit, Juice, Milk Lunch-Chicken Nuggets, Mashed Potatoes w/ Gravy, BB Sandwichk Peaches, Fresh Fruit, Mil
24	25	26	27	28
B'Fast -French Toast Sticks, Fruit, Juice, Milk Lunch- Taco in Bag, Lettuce, Tomatoes, Cheese, Refried Beans, Corn, Mandarin Oranges, Pears, Milk	B'Fast – Breakfast Pizza Fruit, Juice, Milk Lunch – Maidrite on Bun, Baked Beans, Baby Carrots, Peaches, Applesauce, Milk	B'Fast – Egg/Ham Combo, Toast, Fruit, Juice, Milk Lunch- Pizza, Green Beans, Romaine/Spinach Lettuce, Strawberries, , Pineapple, Milk	B'Fast – Scrambled Eggs, Toast, Fruit, Juice, Milk Lunch – Italian Chicken on Bun, Tator Tots, Fresh Fruit, Pears, Milk	B'Fast – Pancake on Stick , Fruit, Juice, Milk Lunch – Fish Nuggets, Wedge Fries, Baby Carrots, Fresh Fruit, Pears, Milk

