

North Union Elem/MS ~ Swea City Campus

February 2020

Mon	Tue	Wed	Thu	Fri
<p>3 Breakfast - Pancake on a stick, fruit, <u>Lunch</u> - Chicken Alfredo, garlic toast, green beans, Romaine, fruit</p>	<p>4 Breakfast - Pizza, fruit <u>Lunch</u> - Pepperoni or cheese pizza, broccoli/cheese sauce, fruit</p>	<p>5 Breakfast - Egg/chz omelet, toast, fruit <u>Lunch</u> - Grilled chicken breast/bun, mixed veg., 1/2 orange, pears</p>	<p>6 Breakfast - Pancakes, sausage, fruit <u>Lunch</u> - Swedish meatballs, corn,, dinner roll, fruit</p>	<p>7 Breakfast - Donut, sausage, fruit <u>Lunch</u> - Hotdog/bun, baked beans, fresh veggies and fruit</p>
<p>10 Breakfast - eggs, sausage, toast, fruit <u>Lunch</u> - Cream Chicken over biscuits, Peas, carrots, fruit</p>	<p>11 Breakfast - Ham/Egg Combo, toast, fruit <u>Lunch</u> - Spaghetti/meat sauce, garlic stick, gr. beans, salad, fruit</p>	<p>12 Breakfast - Pizza, fruit <u>Lunch</u> - cheeseburger, veggies, french fries, fruit</p>	<p>13 Breakfast - egg omelet, toast, fruit <u>Lunch</u> - Chicken Strips, mashed potatoes/gravy, fruit</p>	<p>14 Breakfast - Yogurt Parfait, sausage <u>Lunch</u> - Corndogs, broccoli/cheese, fresh veggies, fruit</p>
<p>17 Breakfast - Cereal, toast, fruit <u>Lunch</u> - Sub Sandwich, chips, baked beans, Romaine, fruit</p>	<p>18 Breakfast - French toast sticks, fruit <u>Lunch</u> - Crispi-tos, cheese, chicken chili, refried beans, fruit</p>	<p>19 Breakfast - Biscuits and Gravy, scrambled eggs, fruit <u>Lunch</u> - Pork fritter, tater, peas, fruit</p>	<p>20 Breakfast - Pancake on a stick, fruit <u>Lunch</u> - Lasagna, garlic sticks, gr. beans, romaine, fruit</p>	<p>21 Breakfast - Pizza, fruit <u>Lunch</u> - Chicken nuggets, mashed potato/gravy, corn, fruit</p>
<p>24 Breakfast - Sausage/Egg/cheese muffin, fruit <u>Lunch</u> - Taco in a bag, lettuce, tomatoes, cheese, refried beans, fruit</p>	<p>25 Breakfast - Pizza, fruit <u>Lunch</u> - Beefburger, baked beans, waffle fries, lettuce, pickles, fruit</p>	<p>26 Breakfast - Pancakes, sausage, fruit <u>Lunch</u> - Pizza, green beans, romaine, pineapple, strawberries</p>	<p>27 Breakfast - Ham/Egg combo, toast, fruit <u>Lunch</u> - Italian Chicken Sand., mixed veg., fresh fruit and veggies</p>	<p>28 Breakfast - Donut, string cheese, fruit <u>Lunch</u> - Fish sandwich, wedge fries, chocolate brownie, fruit</p>

MS Salad Bar served everyday

*Juice & Milk available daily for Breakfast

*Milk available daily for Lunch

*Menu Subject to change