

North Union Elem / MS ~ Swea City Campus September 2020

Mon	Tue	Wed	Thu	Fri
<p>31 Breakfast – Biscuit and sausage gravy, fruit Lunch – Taco in a bag, Ro-maine, salsa cup, refried beans, fresh fruit</p>	<p>1 Breakfast – Egg omelet, toast, fruit Lunch – Grilled chicken/ham /Swiss on a bun, green beans, 1/2 orange, pears</p>	<p>2 Breakfast– Bazel/cream cheese, sausage links Lunch – Hot Dog/ bun, baked beans , car-rots,cucumbers,and ranch, fruit</p>	<p>3 Breakfast – Taco Egg Breakfast, Salsa cup, banana Lunch – Pork frit-ter, tritater, peas, cantaloupe</p>	<p>4 Breakfast – Frosted Long John, cheese stick, fruit Lunch – tater tot hot-dish, mixed vegetables, peaches , pears</p>
<p>7 NO SCHOOL</p>	<p>8 Breakfast–egg omelet, hash brown, toast Lunch – Pizza, green beans, romaine/spinach, pineapple, strawberries</p>	<p>9 Breakfast– Pizza, fruit Lunch – Spaghetti with meat sauce, breadsticks, broccoli/cheese, fruit</p>	<p>10 Breakfast– pancake on a stick, orange slices Lunch– Italian chicken / bun, French fries, romaine salad, fresh fruit</p>	<p>11 Breakfast– Donut, yogurt, fruit Lunch – Crispi-tos, chili,cheese, cucumbers, carrots, grapes apples</p>
<p>14 Breakfast– pancakes, sausage fruit Lunch – chicken nuggets, mashed potatoes/butter, corn,dinner roll/butter/fruit</p>	<p>15 Breakfast–Egg and cheese with meat on biscuit, fruit Lunch – Veggie Cheese-burger/Bun,french fries, applesauce, pineapple</p>	<p>16 Breakfast–French toast sticks, sausage links fruit, Lunch – Creamed Chicken/biscuits, peas ,steamed car-rots, fruit</p>	<p>17 Breakfast– sausage crispto with cheese, fruit Lunch–Chicken Al-fredo,breadsticks with cheese, green beans, fruit</p>	<p>18 Breakfast Magic Ring Donut, cheese stick, fruit Lunch–Cheddarwurst, potato wedges, corn, apple crisp,pears</p>
<p>21 Breakfast– Bacon crispto,hash brown, fruit Lunch – BBQ chicken chips,candied carrots, mashed potatoes/butter, dinner roll, fruit</p>	<p>22 Breakfast– Yogurt Par-fait, toast Lunch – Pork loin sandwich, chips, baked beans, apple-sauce, mixed fruit</p>	<p>23 Breakfast– waffle sticks, sausage links, fruit Lunch – Beef and noodles, green beans, dinner roll, fruit</p>	<p>24 Breakfast – Scrambled Eggs, hash browns, sausage links, fruit Lunch– Mandarin Chicken, rice pilaf romaine/dressing fruit</p>	<p>25 Breakfast– Breakfast Pizza, fruit Lunch – Hot ham and cheese sand/bun, pork and-beans, fresh fruit,</p>
<p>28 Breakfast–Biscuits and sausage gravy, hashbrown,fruit Lunch – Taco Bur-ger, Lettuce,tomato, dor-ties, corn, fruit</p>	<p>29 Breakfast– English Muffin Breakfast sandwich, fruit Lunch–Roast Beef and Cheddar, baked beans, car-rots, celery fruit</p>	<p>30 Breakfast– egg, patty ,cheese, toast,mixed fresh fruit, Lunch–Scalloped potatoes and ham, corn, applesauce, orange slices</p>		

MS chef salad offered as alternate meal

***Juice & Milk daily for Breakfast**

***Milk daily for Lunch**