

North Union Elem. & M.S. Sweet City, Ia OCTOBER 2020

Mon	Tue	Wed	Thu	Fri
Happy 5 B'fast- Stuffed Waffle, fruit Lunch- Foot long Hotdog, baked-beans, chips, applesauce	Halloween 6 B'fast- Egg omelet, toast, fruit Lunch - Crispi-tos, chili, cheese, corn, orange slices	Kids!!! 7 B'fast- Pancake on a stick, fruit Lunch-Cream Chicken over biscuits mixed vegetables, fruit	1 B'fast- French toast sticks sausage, banana Lunch - Chicken Fries, mashed potatoes/gravy, peas, mandarin oranges	2 B'fast- Sprinkle Donut, cheesestick, oranges Lunch- Pepperoni Pizza, green beans, lettuce salad, apple slices, frozen treat!!! HAPPY BIRTHDAY MRS. RUNKSMIEER!!!
12 B'fast-French toast, scrambled egg, fruit Lunch - Rib on a bun, baked beans, carrots/ranch, fruit	13 B'fast-Egg Omelet, toast, fruit Lunch - Sloppy Joes, french fries, apple slices, pears	14 B'fast- Taco to go, fruit Lunch -Salisbury Steak, mashed/gravy, corn, dinner roll/butter	8 B'fast- Breakfast Pizza, fruit Lunch -Taco in a bag, lettuce, tomato, cheese, refried beans, fruit	9 B'fast- Long John, sausage links, fruit Lunch -Mandarin Chicken, rice pilaf, peas, mandarin oranges
19 B'fast- cereal/milk, toast, fruit Lunch - Sub Sandwich, Romaine, baked beans, carrots, pears	20 B'fast-Egg patty, biscuit, fruit Lunch -Cheeseburger, lettuce, tomato, Fr. fries, oranges	21 B'fast-Bagel/cream cheese, fruit Lunch Mini corn-dogs, wedges, pears, applesauce	15 Waffle sticks, sausage, fruit Lunch -Pepperoni Pizza, green beans, fruit	16 B'fast-Long Johns, yogurt, fruit Lunch - Turkey and cheese sandwich, chips, coleslaw, fruit
26 B'fast-Biscuit and gravy, fruit Lunch - Crisпитos, chili, cheese, green beans, fruit	27 B'fast-Egg/ham combo, toast fruit Lunch - Cheddarwurst, baked beans, applesauce, pears	22 B'fast- Yogurt Parfait, sausage links, Lunch -Tater Tot Hotdish, mixed vegetables, fresh fruit	22 B'fast- French Toast, sausage, fruit Lunch -Italian Chicken, mixed vegetables, 1/2 orange & apple	23 B'fast- Breakfast Pizza, fruit Lunch -Pork Fritter/bun, rice pilaf, peas, fresh fruit
28 B'fast-French Toast, sausage, fruit Lunch -Italian Chicken, mixed vegetables, 1/2 orange & apple	29 B'fast- Sausage dog, hash brown, fruit Lunch -Chili, grilled cheese, crackers, cinnamon cake, applesauce	BOHAPPY HALLOWEEN NO SCHOOL!!!!!!!!!!!!	BOHAPPY HALLOWEEN NO SCHOOL!!!!!!!!!!!!	

