

North Union Elementary, Fenton

October 2020 Menu

Please Note: Breakfast Milk choice includes a choice of non-fat (unflavored) or 1% (unflavored) milk,
Lunch includes a choice of non-fat (flavored or unflavored) or 1% (unflavored) milk
Reduced fat dressing is served with salads and fresh vegetables.
All Grain items are Whole Grain Rich

Mon	Tue	Wed	Thu	Fri
			1	2
			B'Fast – Pancakes, Fruit, Juice, Milk	B'Fast – French Toast Sticks, Fruit, Juice, Milk
			Lunch – Italian Chicken on Bun, Tator Tots, Pears, Milk	Lunch – Sub Sandwich, Lettuce, Baked Beans, Banana, Milk
5	6	7	8	9
B'Fast – Breakfast Pizza, Fruit, Juice, Milk	B'Fast – Cereal, Toast, Fruit, Juice, Milk	B'Fast – Egg/Ham Combo, Toast, Fruit, Juice, Milk	B'Fast – Waffles, Fruit, Juice, Milk	B'Fast – Breakfast Wrap, Fruit, Juice, Milk
Lunch- Taco Pizza, Green Beans, ½ Orange, Milk	Lunch-Chicken Strips, Mashed Potatoes , BB Sandwich, Pineapple, Milk	Lunch – BBQ Pork on Bun, Romaine Spinach, Mandarin Oranges, Milk	Lunch- Crispito w/Cheese, Corn, Applesauce, Milk	Lunch- Cream Chicken on Biscuits, Peas, Pears, Milk
12	13	14	15	16
B'Fast –Egg, Sausage, Toast, Fruit, Juice, Milk	B'Fast – Breakfast Pizza, Fruit, Juice, Milk	B'Fast – French Toast Sticks, Fruit, Juice, Milk	B'Fast – Waffles, Fruit, Juice, Milk	B'Fast – Cheese Omelet, Toast, Fruit, Juice, Milk
Lunch – Spaghetti, Bread Stick, Romaine/Spinach Salad, Applesauce, Milk	Lunch – Salisbury Steak, Mashed Potatoes, BB Sandwich, Pineapple, Milk	Lunch – Chicken Patty on Bun, Curly Fries, Mandarin Oranges, Milk	Lunch – Goulash, Mixed Vegetables, Pears, Milk	Lunch – Hotdog on Bun, Baked Beans, Baby Carrots, Grapes, Milk
19	20	21	22	23
B'Fast – Egg/Ham Combo, Fruit, Juice, Milk	B'Fast – Cereal, Toast, Fruit, Juice, Milk	B'Fast – Breakfast Wrap, Fruit, Juice, Milk	B'Fast – Waffles, Fruit, Juice, Milk	B'Fast – Breakfast Pizza, Fruit, Juice, Milk
Lunch- Pizza, Romaine/Spinach Lettuce, Strawberries, Milk	Lunch – Tator Tot Hotdish, BB Sandwich, Peaches, Milk	Lunch – Cheeseburger on WG Bun, French Fries, Romaine/Spinach, Tomato Slices, Pears, Milk	Lunch-Chicken Nuggets, Mashed Potatoes ,BB Sandwich, Peaches, Milk	Lunch – Rib on Bun, Baked Beans, Baby Carrots, Banana, Milk
26	27	28	29	30
B'Fast – Cheese Omelet, Toast, Fruit, Juice, Milk	B'Fast - Egg/Cheese Biscuit, Fruit, Juice, Milk	B'Fast – Pancakes & Sausage, Fruit, Juice, Milk	B'Fast – French Toast Sticks, Fruit, Juice, Milk	NO SCHOOL
Lunch – Mini Corndogs, Broccoli , Peaches, Milk	Lunch – Chicken Fajita on Soft Shell, Lettuce, Cheese, Tomatoes, Corn, Pears, Milk	Lunch- Crispito with Cheese, Corn, Applesauce, Milk	Lunch – Pork Tender on Bun, Peas, Peaches, Mandarin Oranges, Milk	