

November 2020

Please Note: Breakfast Milk choice includes a choice of non-fat (unflavored) or 1% (unflavored) milk,
Lunch includes a choice of non-fat (flavored or unflavored) or 1% (unflavored) milk
Reduced fat dressing is served with salads and fresh vegetables.
All Grain items are Whole Grain Rich

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>B'Fast – Egg/Ham Combo, Toast, Fruit, Juice, Milk</p> <p>Lunch- Pizza, Green Beans, Romaine/Spinach Lettuce, Pears, Pineapple, Milk</p>	<p>3</p> <p>B'Fast – Pancake on Stick, Fruit, Juice, Milk</p> <p>Lunch-Chicken Nuggets, Mashed Potatoes w/ Gravy, BB Sandwich Peaches, Applesauce, Milk</p>	<p>4</p> <p>B'Fast – Breakfast Wrap, Fruit, Juice, Milk</p> <p>Lunch – Cheeseburger on WG Bun, French Fries, Romaine/Spinach, Tomato Slices, Mandarin Oranges, ½ Apple, Milk</p>	<p>5</p> <p>B'Fast – Breakfast Pizza, Fruit, Juice, Milk</p> <p>Lunch – Scalloped Potatoes w/Ham, Peas, BB Sandwich, Banana, Pears, Milk</p>	<p>6</p> <p>B'Fast – Egg/Cheese Omelet, Toast, Fruit, Juice, Milk</p> <p>Lunch – Hotdog on Bun, Baked Beans, Baby Carrots, ½ Orange, Applesauce, Milk</p>
<p>9</p> <p>B'Fast – Biscuits & Sausage Gravy, Fruit, Juice, Milk</p> <p>Lunch - Taco, HS: Taco in Bag, ELEM Soft Shell Taco, Romaine/Spinach, Tomatoes, Cheese, Green Beans, Applesauce, Fresh Fruit, Milk</p>	<p>10</p> <p>B'Fast – Egg/Cheese Biscuit, Fruit, Juice, Milk</p> <p>Lunch-Chicken Strips, Mashed Potatoes w/ Gravy, BB Sandwich, Mandarin Oranges, ½ Apple, Milk</p>	<p>11</p> <p>B'Fast – Pancakes, Sausage, Fruit, Juice, Milk</p> <p>Lunch – Pepperoni Pizza, Corn, Peaches, Applesauce, Milk</p>	<p>12</p> <p>B'Fast – Egg/Ham Combo, Toast, Fruit, Juice, Milk</p> <p>Lunch – Italian Chicken on Bun, Tator Tots, Fresh Fruit, Pears, Milk</p>	<p>13</p> <p>B'Fast – Pancake on Stick, Fruit, Juice, Milk</p> <p>Lunch- Cream Chicken on Biscuits, Peas, Baby Carrots, Fresh Fruit, Pears, Milk</p>
<p>16</p> <p>B'Fast – Breakfast Pizza, Fruit, Juice, Milk</p> <p>Lunch – Chili, Cheese Sandwich, Baby Carrots, Crackers, Applecrisp, Milk</p>	<p>17</p> <p>B'Fast - Biscuits & Sausage Gravy, Fruit, Juice, Milk</p> <p>Lunch – Tator Tot Hotdish, Mixed Vegetables, BB Sandwich, Peaches, Cantaloupe, Milk</p>	<p>18</p> <p>B'Fast – French Toast Sticks, Fruit, Juice, Milk</p> <p>Lunch – Pork Tender on Bun, Rice, Peas, Baby Carrots, Mandarin Oranges, ½ Apple, Milk</p>	<p>19</p> <p>B'Fast – Egg/Cheese Omelet, Toast, Fruit, Juice, Milk</p> <p>Lunch- Corndogs, Broccoli w/Cheese Sauce, Fresh fruit Pears, Milk</p>	<p>20</p> <p>B'Fast – Breakfast Wrap, Fruit, Juice, Milk</p> <p>Lunch – Turkey, Mashed Potatoes w/Gravy, Corn, Tea Roll, Applesauce, ½ Orange, Milk</p>
<p>23</p> <p>B'Fast – Egg/Cheese Biscuit, Fruit, Juice, Milk</p> <p>Lunch – Rib on Bun, Wedge Fries, Romaine/Spinach Salad, Baby Carrots, Peaches, Pineapple, Milk</p>	<p>24</p> <p>B'Fast – Pancake on Stick, Fruit, Juice, Milk</p> <p>Lunch- Crispito's, Cheese, Chili, Corn, BB Sandwich, ½ Apple, Mandarin Oranges, Milk</p>	<p>25</p> <p>B'Fast – Breakfast Pizza, Fruit, Juice, Milk</p> <p>Lunch – Chicken Patty on Bun, Curly Fries, Baby Carrots, Pears, Peaches, Milk</p>	<p>26</p> <p>Happy Thanksgiving</p>	<p>27</p> <p>No School</p>
<p>30</p> <p>B'Fast – Ham/Egg Combo, Toast, Fruit, Juice, Milk</p> <p>Lunch – Salisbury Steak, Mashed Potatoes, BB Sandwich, Pears, Fresh Fruit, Milk</p>				

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