

North Union Elem / MS ~ Swea City Campus JANUARY 2021

Mon	Tue	Wed	Thu	Fri
<p>NO SCHOOL!!!</p>	<p>5 Breakfast-egg omelet, hash brown, toast Lunch- Pizza, green beans, romaine/spinach, pineapple, strawberries</p>	<p>6 Breakfast- Pizza, fruit Lunch- Taco in a bag, lettuce, cheese, tomato, refried beans, fruit</p>	<p>7 Breakfast- pancake on a stick, orange slices Lunch- Italian chicken / bun, French fries, romaine salad, fresh fruit</p>	<p>1 NO SCHOOL!!!</p> <p>8 Breakfast- Donut, yogurt, fruit Lunch- Crispi-tos, chili, cheese, cucumbers, carrots, grapes apples</p>
<p>11 Breakfast- pancakes, sausage fruit Lunch- chicken nuggets, mashed potatoes/ butter, corn, dinner roll/butter/ fruit</p>	<p>12 Breakfast-Egg and cheese with meat on biscuit, fruit Lunch- Cheeseburger/ Bun, french fries, applesauce, pineapple lettuce, tomato</p>	<p>13 Breakfast-French toast sticks, sausage links fruit, Lunch- Creamed Chicken/ biscuits, peas ,steamed carrots, fruit</p>	<p>14 Breakfast- sausage crispto with cheese, fruit Lunch-Chicken Alfredo, breadsticks , green beans, fruit</p>	<p>15 Breakfast Donut, cheese stick, fruit Lunch-Cheddarwurst, potato wedges, corn, apple crisp, pears</p>
<p>18 Breakfast- Bacon crispto, hash brown, fruit Lunch- BBQ chicken chips, candied carrots, mashed potatoes/butter, dinner roll, fruit</p>	<p>19 Breakfast- Yogurt Parfait, toast Lunch- Pork loin sandwich, chips, baked beans, apple sauce, mixed fruit</p>	<p>20 Breakfast- Dutch Waffle, sausage links, fruit Lunch- Beef and noodles, green beans, dinner roll, fruit</p>	<p>21 Breakfast- Scrambled Eggs, hash browns, sausage links, fruit Lunch- Tangerine Chicken, rice pilaf romaine/dressing fruit</p>	<p>22 Breakfast- Donut, sausage, fruit Lunch- Hot ham and cheese sand/bun, pork and beans, fresh fruit,</p>
<p>25 Breakfast-, pancake-shashbrown, fruit Lunch- Taco Burger, Lettuce, tites, corn, fruit</p>	<p>26 Breakfast- English Muffin Breakfast sandwich, fruit Lunch-Roast Beef and Cheese, baked beans, car-</p>	<p>27 Breakfast- cereal bar, yogurt, fruit Lunch-Scalloped potatoes and ham, corn, applesauce, orange slices</p>	<p>28 Breakfast- Bagel/cream cheese, sausage links Lunch- Hot Dog/ bun, baked beans , carrots, cucumbers, ranch, fruit</p>	<p>29 Breakfast- Donut, yogurt, fruit Lunch- Grilled chicken/ ham /Swiss on a bun, green beans, 1/2 orange, pears</p>

MS chef salad offered as alternate meal

*Juice & Milk daily for Breakfast

• *Milk daily for Lunch