

North Union Elem / MS ~ Swea City Campus September 2021

Mon	Tue	Wed	Thu	Fri
		<p><u>01 Breakfast</u>– Pancake bites, <u>Lunch</u>– chicken nuggets, mashed potatoes/ gravy,peas,fruit</p>	<p><u>02 Breakfast</u> –Cereal <u>Lunch</u>-Scalloped potatoes and Ham, broccoli, fruit</p>	<p><u>03 Breakfast</u>– Long John, yogurt <u>Lunch</u>– BBQ Rib on a bun, baked beans, chips, applesauce</p>
<p>6 NO SCHOOL</p>	<p><u>8 Breakfast</u>–egg omelet, hash brown, toast <u>Lunch</u>– Pizza, green beans, romaine/spinach, pineapple,</p>	<p><u>9 Breakfast</u>- Pizza, <u>Lunch</u>– Spaghetti with meat sauce, breadsticks, broccoli/cheese, fruit</p>	<p><u>10 Breakfast</u>– pancake on a stick, <u>Lunch</u>- Italian chicken / bun, French fries, romaine salad, fresh fruit</p>	<p><u>11 Breakfast</u>- Donut, yogurt, <u>Lunch</u>– Crispi-tos,chili,cheese, cucumbers, carrots, apples</p>
<p><u>14 Breakfast</u>– pancakes, sausage <u>Lunch</u>– chicken nuggets, mashed potatoes/ butter,corn,dinner roll/butter/ fruit</p>	<p><u>15 Breakfast</u>–Egg and cheese with meat on biscuit, fruit <u>Lunch</u>– Cheeseburger/ Bun,french fries, applesauce,</p>	<p><u>16 Breakfast</u>-French toast sticks, sausage links fruit, <u>Lunch</u>– Chicken/biscuits, peas and carrots, fruit</p>	<p><u>17 Breakfast</u>- sausage crispi to with cheese, fruit <u>Lunch</u>-Chicken Alfredo,breadsticks with cheese, green beans,fruit</p>	<p><u>18 Breakfast</u> Donut, cheese stick, <u>Lunch</u>-Cheddarwurst, potato wedges, corn, pears</p>
<p><u>21 Breakfast</u>– Egg Omelet, hash brown, <u>Lunch</u>– BBQ chicken sandwich,french fries, corn, orange</p>	<p><u>22 Breakfast</u>- Yogurt Parfait, toast <u>Lunch</u>– Pork Fritter chips, baked beans, applesauce, mixed fruit</p>	<p><u>23 Breakfast</u>- waffle sticks, sausage links, <u>Lunch</u>– Italian chicken/ bun,green beans, fruit</p>	<p><u>24 Breakfast</u>– Scrambled Eggs, hash browns, sausage links, <u>Lunch</u>- Chinese Chicken, rice pilaf romaine/dressing fruit</p>	<p><u>25 Breakfast</u>- Long John,gogurt <u>Lunch</u>–Hot ham and cheese sand/bun, baked beans fresh fruit,</p>
<p><u>28 Breakfast</u>–Biscuits and sausage gravy, hash brown, <u>Lunch</u>– Taco Burger,Lettuce,tomato, doritos,corn,fruit</p>	<p><u>29 Breakfast</u>– Breakfast sandwich, <u>Lunch</u>–Cheeseburger, hash brown,, carrots/ranch, fruit</p>	<p><u>30 Breakfast</u>– Scrambled egg, mixed fresh fruit, toast <u>Lunch</u>-Scalloped potatoes and ham, corn, applesauce, orange slices</p>		

MS chef salad offered as alternate meal

*Juice & Milk daily for Breakfast

• *Milk daily for Lunch