

# North Union Elm/MS Swea City Campus October 2021



**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

<p>*MS salad bar offered as alternate meal</p> <p>*juice and milk served daily for breakfast</p> <p>*milk served daily for lunch</p> <p>*menu subject to change</p>			<p><b>September 30</b></p> <p><b>Breakfast:</b> Pancake bites, fruit</p> <p><b>Lunch:</b> Hotdog on bun, baked beans, chips, baby carrots, apple</p>	<p><b>01</b></p> <p><b>Breakfast:</b> Cereal, toast, fruit</p> <p><b>Lunch:</b> Pepperoni Pizza, peas, red pepper strips, mandarin oranges</p>
<p><b>04</b></p> <p><b>Breakfast:</b> French toast sticks, fruit</p> <p><b>Lunch:</b> Mini corn dogs, broccoli, pineapple</p>	<p><b>05</b></p> <p><b>Breakfast:</b> Egg/ham combo, toast, fruit</p> <p><b>Lunch:</b> Chicken strips, ff, peas, mixed fruit</p>	<p><b>06</b></p> <p><b>Breakfast:</b> Pancake on stick, fruit</p> <p><b>Lunch:</b> Taco in a bag, cheese, romaine/lettuce, mixed veggies, peaches</p>	<p><b>07</b></p> <p><b>Breakfast:</b> Biscuits and sausage gravy, fruit</p> <p><b>Lunch:</b> BBQ rib on bun, baked beans, chips, pears</p>	<p><b>08</b></p> <p><b>Breakfast:</b> Waffles, fruit</p> <p><b>Lunch:</b> Spaghetti w/meatballs, breadstick, green beans, apples slices</p>
<p><b>11</b></p> <p><b>Breakfast:</b> Cereal, toast, fruit</p> <p><b>Lunch:</b> Popcorn chicken, baked beans, dinner roll, creamy coleslaw</p>	<p><b>12</b></p> <p><b>Breakfast:</b> Breakfast pizza, fruit</p> <p><b>Lunch:</b> Cheeseburger on bun, lettuce, tomato, wedge fries, pineapple</p>	<p><b>13</b></p> <p><b>Breakfast:</b> Cheese omelet, fruit</p> <p><b>Lunch:</b> Chicken Alfredo, breadstick, tossed salad, sliced cucumber, peaches</p>	<p><b>14</b></p> <p><b>Breakfast:</b> Yogurt parfait toast, fruit</p> <p><b>Lunch:</b> Salisbury steak, mashed potatoes, gravy dinner roll, pears</p>	<p><b>15</b></p> <p><b>Breakfast:</b> Pancakes, sausage links, fruit</p> <p><b>Lunch:</b> Sub sandwich, lettuce, cucumbers, apple</p>
<p><b>18</b></p> <p><b>Breakfast:</b> waffles, fruit</p> <p><b>Lunch:</b> Sausage pizza, peas, baby carrots/ranch, applesauce</p>	<p><b>19</b></p> <p><b>Breakfast:</b> Egg, cheese, meat on muffin, fruit</p> <p><b>Lunch:</b> Chicken nuggets, mashed potatoes, corn, orange</p>	<p><b>20</b></p> <p><b>Breakfast:</b> WG Muffin, fruit</p> <p><b>Lunch:</b> Lasagna w/ marinara sauce, bread stick, garden salad, steamed carrots, apple</p>	<p><b>21</b></p> <p><b>Breakfast:</b> Bagel w/ cream cheese, fruit</p> <p><b>Lunch:</b> Pulled pork on bun, hashbrown, green beans, pears</p>	<p><b>22</b></p> <p><b>Breakfast:</b> French toast sticks, fruit</p> <p><b>Lunch:</b> Chicken fajita, refried beans, salsa, lettuce, mandarin oranges</p>
<p><b>25</b></p> <p><b>Breakfast:</b> Breakfast wrap, fruit</p> <p><b>Lunch:</b> Corn dog, tater tots, green beans, mixed fruit</p>	<p><b>26</b></p> <p><b>Breakfast:</b> Cereal, toast, fruit</p> <p><b>Lunch:</b> Softshell taco, cheese, lettuce, tomato, refried beans, applesauce</p>	<p><b>27</b></p> <p><b>Breakfast:</b> Sausage crispito, fruit</p> <p><b>Lunch:</b> Macaroni &amp; cheese, meatballs, breadstick, baby carrots, pears</p>	<p><b>28</b></p> <p><b>Breakfast:</b> pancakes, sausage links, fruit</p> <p><b>Lunch:</b> Chili, crackers, red pepper strips, sliced cucumbers, cinnamon roll</p>	<p><b>29</b></p> <p><b>Breakfast:</b> Long john, fruit</p> <p><b>Lunch:</b> Chicken burrito, cheese, romaine, peaches</p>
<p><b>Happy Halloween</b></p>				



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