

# November 2021

Please Note: Breakfast Milk choice includes a choice of non-fat (unflavored) or 1% (unflavored) milk,  
Lunch includes a choice of non-fat (flavored or unflavored) or 1% (unflavored) milk  
Reduced fat dressing is served with salads and fresh vegetables.  
All Grain items are Whole Grain Rich

Mon	Tue	Wed	Thu	Fri
1 B'Fast – Egg/Ham Combo, Toast, Fruit, Juice, Milk  Lunch - Pepperoni Pizza Boats, Corn, Peaches, Applesauce, Milk	2 B'Fast - Biscuits & Sausage Gravy, Fruit, Juice, Milk  Lunch-Chicken Nuggets, Mashed Potatoes w/ Gravy, BB Sandwich Peaches, Applesauce, Milk	3 B'Fast – Mini Pancake Wrap, Fruit, Juice, Milk  Lunch – Chicken Burger on WG Bun, French Fries, Romaine/Spinach Tomato Slices, Mandarin Oranges, Apple, Milk	4 B'Fast – Breakfast Pizza, Fruit, Juice, Milk  Lunch – Calling Potatoes w/Hot Peas, BB Sandwich, Orange, Mixed Fruit, Milk	5 B'Fast – Egg/Cheese Omelet, Toast, Fruit, Juice, Milk  Lunch – Hotdog on Bun, Baked Beans, Baby Carrots, Banana, Pears, Milk
8 B'Fast - Biscuits & Sausage Gravy, Fruit, Juice, Milk  Lunch - Taco, HS: Taco in Bag, Elem Soft Shell Taco, Romaine/Spinach, Tomatoes, Cheese, Green Beans, Applesauce, Fresh Fruit, Milk	9 B'Fast – Egg/Cheese Biscuit, Fruit, Juice, Milk  Lunch-Chicken Strips, Mashed Potatoes w/ Gravy, BB Sandwich, Mandarin Oranges, ½ Apple, Milk	10 B'Fast – French Toast Sticks, Fruit, Juice, Milk  Lunch – Pork Tenderloin Bun, Rice, Peas, Baby Carrots, Mandarin Orange, ½ Apple, Milk	11 B'Fast – Pancakes, Sausage, Fruit, Juice, Milk  Lunch – Pizza, Green Beans, Romaine/Spinach Lettuce, Pears, Applesauce, Milk	12 B'Fast – Egg/Cheese English Muffin, Fruit, Juice, Milk  Lunch- Cream Chicken on Biscuits, Peas, Baby Carrots, Fresh Fruit, Pears, Milk
15 B'Fast – Breakfast Pizza, Fruit, Juice, Milk  Lunch – Chicken Cheese Sandwich, Baby Carrots, Crackers, Applesauce, Milk	16 B'Fast - Biscuits & Sausage Gravy, Fruit, Juice, Milk  Lunch – Tator Tot Sandwich, Mixed Vegetables, BB Sandwich, Peaches, Cantaloupe, Milk	17 B'Fast – Egg/Ham Combo, Toast, Fruit, Juice, Milk  Lunch – Chicken Patty on Bun, Tator Tot, Fresh Fruit, Pears, Milk	18 B'Fast – Egg/Cheese Omelet, Toast, Fruit, Juice, Milk  Lunch – Corn Dogs, Broccoli w/Cheese Sauce, Fresh Fruit Pears, Milk	19 B'Fast Waffle, Cheese Stick, Fruit, Juice, Milk  Lunch – Turkey, Mashed Potatoes w/Gravy, Corn, Tea Roll, Applesauce, ½ Orange, Milk
22 B'Fast – Egg/Cheese Biscuit, Fruit, Juice, Milk  Lunch – Rib on Bun, Wedge Fries, Romaine/Spinach Salad, Baby Carrots, Peaches, Pineapple, Milk	23 B'Fast – Ham/Egg Combo, Fruit, Juice, Milk  Lunch- Crispito's, Cheese, Chili, Corn, BB Sandwich, ½ Apple, Mandarin Oranges, Milk	24 B'Fast – Breakfast Pizza, Fruit, Juice, Milk  Lunch – Chicken Patty on Bun, Corn, Baby Carrots, Peaches, Milk	25 Happy Thanksgiving	26 No School
29 B'Fast – Ham/Egg Combo, Toast, Fruit, Juice, Milk  Lunch – Salisbury Steak, Mashed Potatoes, BB Sandwich, Pears, Fresh Fruit, Milk	30 B'Fast - Biscuits & Sausage Gravy, Fruit, Juice, Milk  Lunch – Chicken fajita on Soft Shell, Corn, Refried Beans, Lettuce, Cheese, Romaine, Tomatoes, Fresh Fruit, Peaches, Milk			

