

North Union Elm/MS Swea City Campus November 2021

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

*MS salad bar offered as an alternate meal

* Juice and milk served daily for breakfast

*Milk served daily for lunch
* Menu Subject to change

01

Breakfast: Egg Ham Combo, Fruit

Lunch: Meatball Sub, Wedge Fries, Tossed Salad, Peaches

02

Breakfast: Pop Tart, Fruit

Lunch: Cheeseburger, FF, Tomato, Romaine, Orange

03

Breakfast: Pancakes, Sausage, Fruit

Lunch: Chicken Nuggets, Rice, Corn, Pears

04

Breakfast: Breakfast Boat, Fruit

Lunch: Mini Corndogs, Broccoli w/ cheese, Mixed Fruit

05

Breakfast: Long John, Fruit

Lunch: BBQ pork on bun, Tater Tots, Tossed Salad, Apple

08

Breakfast: Omelet, Fruit

Lunch: Chicken Patty on bun, Curly Fries, Carrots, Mandarin Oranges

09

Breakfast: Biscuits and Gravy, Fruit
Lunch: Taco in a bag, Romaine, Tomatoes, Cheese, Mixed Veggies, Mixed Fruit

10

Breakfast: Muffin, Fruit

Lunch: Salisbury Steak, Mashed Potatoes, Gravy, Baby Carrots, Peaches

11

Breakfast: Bagel, Cream Cheese, Fruit

Lunch: Corndog, Green Beans, Sweet Potato Fries, Applesauce

12

Breakfast: Waffles, Fruit

Lunch: Chicken Strips, FF, Baked Beans, Pears

15

Breakfast: Cereal, Toast, Fruit

Lunch: Pepperoni pizza, Romaine/Spinach, Pineapple

16

Breakfast: Pancake, Sausage Bites, Fruit

Lunch: Pulled Pork w/bun, FF, Peaches

17

Breakfast: English Muffin w/jelly, Fruit

Lunch: Scalloped Potatoes w/ Ham, Tossed Salad, Peas, Dinner Roll

18

Breakfast: French Toast Sticks, Fruit

Lunch: Spaghetti w/ Meat Sauce, Bread Stick, Steamed Carrots

19

Breakfast: Long Johns, Fruit

Lunch: Italian Chicken on bun, Wedge Fries, Orange, Celery

22

Breakfast: Egg Ham Combo, Fruit

Lunch: Cheddarwurst, Bun, Baked Beans, Apple

23

Breakfast: Yogurt Parfait, Fruit

Lunch: Cheese Pizza, Romaine/Spinach, Strawberries

24

Breakfast: Cereal, Toast, Fruit
Lunch: Ham, Mashed Potatoes w/Gravy, Stuffing, Corn, Pumpkin Pie, Apple

25

NO SCHOOL

26

NO SCHOOL

29

Breakfast: Pancake on a Stick, Fruit
Lunch: Popcorn Chicken, Mashed Potatoes, Broccoli, Pears, Dinner Roll

30

Breakfast: Sausage Crispito, Fruit
Lunch: Chicken Alfredo, Breadstick, Tossed Salad, Sliced Cucumber, Peaches



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