

December 2021

Please Note: Breakfast Milk choice includes a choice of non-fat (unflavored) or 1% (unflavored) milk,
 Lunch includes a choice of non-fat (flavored or unflavored) or 1% (unflavored) milk
 Reduced fat dressing is served with salads and fresh vegetables.
 All Grain items are Whole Grain Rich

Mon	Tue	Wed	Thu	Fri
		1 B'Fast – French Toast Sticks, Fruit, Juice, Milk Lunch – Cheeseburger on Bun, French Fries, Romaine/Spinach, Mandarin Oranges, ½ Apple, Milk	2 B'Fast – Breakfast Pizza, Fruit, Juice, Milk Lunch – Spaghetti w/Meat Sauce, Breadstick, Green Beans, Romaine/Spinach, Fresh Fruit, Peaches, Milk	3 B'Fast – Egg/Cheese Biscuits, Fruit, Juice, Milk Lunch- Cheddarwurst on Bun, Baked Beans, Baby Carrots, Applesauce, Banana, Milk
6 B'Fast – Biscuits, Sausage Gravy, Fruit, Juice, Milk Lunch – Taco, Baked Lettuce, Tomatoes, Cheese, Refried Beans, Green Beans, ½ Orange, Milk	7 B'Fast – Egg/Cheese English Muffin, Fruit, Juice, Milk Lunch – Pig on Bun, French Fries, Baby Carrots, Peaches, Pineapple, Milk	8 B'Fast – French Toast Sticks, Fruit, Juice, Milk Lunch – Chicken Strips, Mashed Potatoes w/Gravy, BB Sandwich, Mandarin Oranges, ½ Apple, Milk	9 B'Fast – Egg/Ham Combo, Toast, Fruit, Juice, Milk Lunch – Lasagna, Corn Breadstick, Romaine/Spinach Salad, Fresh Fruit, Pears, Milk	10 B'Fast – Egg/Cheese Omelet, Toast, Fruit, Juice, Milk Lunch – Chicken Biscuits, Peas, Peaches, Applesauce, Milk
13 B'Fast – Egg/Cheese Biscuits, Fruit, Juice, Milk Lunch – Pizza, Green Beans, Romaine/Spinach Salad, Strawberries, Pineapple, Milk	14 B'Fast – Breakfast Pizza, Fruit, Juice, Milk Lunch – Chicken Nuggets, Mashed Potatoes w/Gravy, BB Sandwich, Applesauce, Pears, Milk	15 B'Fast Waffles, Cheese Stick, Fruit, Juice, Milk Lunch- Ham, Corn, Mashed Potatoes w/Gravy, Tea Roll Applesauce, Christmas Cookie, Milk	16 B'Fast – Egg/Ham Combo, Toast, Fruit, Juice, Milk Lunch – Chili, Cheese Sandwich, Baby Carrots, Crackers, Applecrisp, Milk	17 B'Fast – Biscuits, Sausage Gravy, Fruit, Juice, Milk Lunch – BBQ Pork on Bun, Tater Tots, Banana, Peaches, Milk
20 Cook's Choice	21 Cook's Choice	22 Cook's Choice	23 No School	24 No School
27 No School	28 No School	29 No School	30 No School	31 No School

