

February 2022

Please Note: Breakfast Milk choice includes a choice of non-fat (unflavored) or 1% (unflavored) milk,
Lunch includes a choice of non-fat (flavored or unflavored) or 1% (unflavored) milk
Reduced fat dressing is served with salads and fresh vegetables.
All Grain items are Whole Grain Rich

Mon	Tue	Wed	Thu	Fri
	1 B'Fast – Egg & Cheese Biscuit, Fruit, Juice, Milk Lunch – Chicken Fajita on Soft Shell, Green Beans ,BB Sandwich, Refried Beans, Lettuce, Cheese, Romaine, Tomatoes, Fresh Fruit, Applesauce, Milk	2 B'Fast – Egg/Ham Combo, Toast, Fruit, Juice, Milk Lunch – Cheeseburger on WG Bun, French Fries, Tomato Slices, Mandarin Oranges, Apple, Milk	3 B'Fast – Sausage Gravy & Biscuit, Fruit, Juice, Milk Lunch – Tator Tot Hotdish, Mixed Vegetables, BB Sandwich, Peaches, Cantaloupe, Milk	4 B'Fast – Breakfast Pizza, Fruit, Juice, Milk Lunch-Chicken Strips, Mashed Potatoes w/ Gravy, BB Sandwich, Pears, Fresh Fruit, Milk
7 B'Fast -French Toast Sticks, Fruit, Juice, Milk Lunch – Cold Turkey Sandwich, Broccoli/Cheese, Baby Carrots, Peaches, Applesauce, Milk <i>Happy Valentine's Day</i>	8 B'Fast – Egg/Cheese Omelet, Toast, Fruit, Juice, Milk Lunch-- Chicken Patty on Bun, Curly Fries, ½ Apple, Mandarin Oranges, Milk	9 B'Fast – English Muffin/Egg Cheese, Fruit, Juice, Milk Lunch- Pizza, Green Beans, Romaine/Spinach Lettuce, Strawberries, , Pineapple, Milk	10 B'Fast – Egg/Ham Combo, Toast, Fruit, Juice, Milk Lunch- Cream Chicken on Biscuits, Peas, Steamed Carrots, ½ Orange, Pears, Milk	11 B'Fast - Biscuits & Sausage Gravy, Fruit, Juice, Milk Lunch – Hotdog on Bun, Baked Beans, Baby Carrots, ½ Orange, Applesauce, Milk
14 B'Fast – Egg & Cheese Biscuit, Fruit, Juice, Milk Lunch- Elem – Soft Shell Taco, HS Taco in Bag, Lettuce, Tomatoes, Cheese, Refried Beans, Corn, Mandarin Oranges, Pears, Milk	15 B'Fast – Breakfast Pizza, Fruit, Juice, Milk Lunch – Chicken Nuggets, Mashed Potatoes w/Gravy, BB Sandwich, Applesauce, Fresh Fruit, Milk	16 B'Fast – Egg/Cheese Omelet, Toast, Fruit, Juice, Milk Lunch – Maidrite on Bun, Baked Beans, Baby Carrots, Peaches, Applesauce, Milk	17 B'Fast – Waffle Sticks, Cheese Sticks, Fruit, Juice & Milk Lunch Lasagna, Green Beans, Romaine/Spinach Lettuce, Bread Stick, ½ Orange, Applesauce, Milk	18 B'Fast – Egg/Ham Combo, Toast, Fruit, Juice, Milk Lunch –Corndogs, Broccoli w/Cheese Sauce, Baby Carrots, Fresh Fruit, Peaches, Milk
21 B'Fast - Biscuits & Sausage Gravy, Fruit, Juice, Milk Lunch – Rib on a Bun, Wedge Fries, Baby Carrots, ½ Orange, Applesauce, Milk	22 B'Fast -French Toast Sticks, Fruit, Juice, Milk Lunch – Sub Sandwich, Baked Beans, Baby Carrots, Peaches, Pears, Milk	23 B'Fast – Breakfast Pizza, Fruit, Juice, Milk Lunch – Pork Tender on Bun, Rice, Peas, Baby Carrots, Applesauce, Fresh Fruit, Milk	24 B'Fast – Egg & Cheese Biscuit, Fruit, Juice, Milk Lunch – Chili, Crackers, Cheese Sandwich, Baby Carrots, Applecrisp, Milk	25 B'Fast – Egg/Cheese Omelet, Toast, Fruit, Juice, Milk Lunch- Pizza, Green Beans, Romaine/Spinach Lettuce, Strawberries, , Pineapple, Milk
28 B'Fast – Egg/Ham Combo, Toast, Fruit, Juice, Milk Lunch – Spaghetti w/Meat Sauce, Bread Stick, Green Beans, Romaine/Spinach Salad, Applesauce, Peaches,				

