

# North Union Elm/MS Swea City Campus

## January 2022

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

\*MS salad bar offered as an alternate meal

\*menu subject to change

\* juice and milk served daily with breakfast

\*milk served daily with lunch

10

**Breakfast:** French toast sticks, fruit

**Lunch:** Softshell taco, tomato, romaine, cheese, refried beans, mixed fruit

11

**Breakfast:** Uncrustables, fruit  
**Lunch:** Popcorn chicken, mashed w/gravy, fresh broccoli, red pepper strips, pears

12

**Breakfast:** Bagel w/cream cheese, fruit

**Lunch:** Spaghetti w/meat sauce, breadstick, steamed carrots, peaches

13

**Breakfast:** Breakfast pizza, fruit

**Lunch:** Hotdog, potato wedges, green beans, apple slices

14

**Breakfast:** Muffin WG, fruit

**Lunch:** Cheesburger, baked beans, romaine, tomato, applesauce

17

**Breakfast:** Pop tart, fruit

**Lunch:** Corndog, corn, tator tots, mixed fruit

18

**Breakfast:** Pancakes, sausage links, fruit

**Lunch:** Rib on bun, lettuce, tomato, sweet potato fries, apple

19

**Breakfast:** Egg ham combo, fruit

**Lunch:** Scalloped potatoes w/ham, tossed salad, peas, dinner roll, orange

20

**Breakfast:** Waffles, fruit

**Lunch:** Chicken patty on bun, fries, green beans, peaches

21

**Breakfast:** Long John, fruit

**Lunch:** Pepperoni pizza, baby carrots, corn, pears

24

**Breakfast:** Cereal, fruit

**Lunch:** Chicken nuggets, mashed potatoes, garden salad, mandarin oranges

25

**Breakfast:** Biscuits and gravy, fruit

**Lunch:** Meatball sub, potato wedges, peas, mixed fruit

26

**Breakfast:** French toast sticks, fruit

**Lunch:** Chili, crackers, red pepper strips, sliced cucumbers, dinner roll, applesauce

27

**Breakfast:** Pancake on a stick, fruit

**Lunch:** Pulled pork on bun, romaine, tomato, baked beans, coleslaw, strawberries

28

**Breakfast:** Egg wrap, fruit

**Lunch:** Italian chicken on bun, hashbrown, pears

31

**Breakfast:** Pancake bites, fruit

**Lunch:** Chicken strips, rice, cherry tomatoes, celery sticks, mandarin oranges



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