

March 2022

Please Note: Breakfast Milk choice includes a choice of non-fat (unflavored) or 1% (unflavored) milk,
Lunch includes a choice of non-fat (flavored or unflavored) or 1% (unflavored) milk
Reduced fat dressing is served with salads and fresh vegetables.
All Grain items are Whole Grain Rich

Mon	Tue	Wed	Thu	Fri
	1 B'Fast – Breakfast Pizza, Fruit, Juice, Milk Lunch – Chicken Fajita on Soft Shell, Green Beans, Refried Beans, Lettuce, Cheese, Romaine, Tomatoes, Fresh Fruit, Peaches, Milk	2 B'Fast – Egg/Cheese Omelet, Toast, Fruit, Juice, Milk Lunch – Cheese Bread Pizza, Green Beans, Romaine/Spinach, Pineapple, Strawberries, Milk	3 B'Fast - Biscuits & Sausage Gravy, Fruit, Juice, Milk Lunch – Chicken Pattie on WG Bun, Curly Fries, Mandarin Oranges, ½ Apple, Milk	4 B'Fast -French Toast Sticks, Fruit, Juice, Milk Lunch - Fish Sticks, BB Sandwich, Wedge Fries, Baby Carrots, Fresh Fruit, Pears, Milk
7 B'Fast – Pancake on Stick , Fruit, Juice, Milk Lunch- Elem: Soft Shell Taco, HS: Taco in Bag, Lettuce, Tomatoes, Cheese, Refried Beans, Green Beans, ½ Orange, Pears, Milk	8 B'Fast – Egg/Ham Combo, Toast, Fruit, Juice, Milk Lunch-Chicken Nuggets, Mashed Potatoes w/ Gravy, BB Sandwich, Peaches, Applesauce Milk	9 B'Fast – Breakfast Pizza, Fruit, Juice, Milk Lunch – Pork Tender on Bun, Rice, Peas, Baby Carrots, Pears, Fresh Fruit, Milk	10 B'Fast -French Toast Sticks, Fruit, Juice, Milk Lunch – Mini Corndogs, Broccoli w/Cheese Sauce, Baby Carrots, Mandarin Oranges, ½ Apple, Milk	11 B'Fast – Biscuit Egg, Cheese, Fruit, Juice, Milk Lunch – Pizza, Green Beans, Romaine/Spinach, Pears, Strawberries, Milk
14 B'Fast – Waffles, Cheese Sticks, Fruit, Juice & Milk Lunch – Spaghetti w/Meat Sauce, Bread Stick, Green Beans, Romaine/Spinach Salad, ½ Orange, Pears, Milk	15 B'Fast – Breakfast Pizza, Fruit, Juice, Milk Lunch – Italian Chicken, Curly Fries, Peaches, Applesauce, Milk	16 B'Fast - Biscuits & Sausage Gravy, Fruit, Juice, Milk Lunch- BBQ Pork on WG Bun, Tater Tots, Baby Carrots, Mandarin Oranges, ½ Apple, Milk	17 B'Fast – Pancake on Stick , Fruit, Juice, Milk Lunch – Cheddarwurst on Bun, Baked Beans, Baby Carrots, Watermelon, Milk	18 NO SCHOOL
21 NO SCHOOL	22 B'Fast – Egg/Ham Combo, Toast, Fruit, Juice, Milk Lunch – Rib on Bun, Wedge Fries, Baby Carrots, Pears, Applesauce, Milk	23 B'Fast - Egg, Cheese English Muffin, Fruit, Juice, Milk Lunch- Cream Chicken on Biscuits, Peas, Steamed Carrots, Fresh Fruit, Peaches, Milk	24 B'Fast - Biscuits & Sausage Gravy, Fruit, Juice, Milk Lunch- Cheeseburger on WG Bun, French Fries, Romaine/Spinach, Tomato Slices, ½ Apple, Mandarin Oranges, Milk	25 B'Fast – Egg/Cheese Omelet, Toast, Fruit, Juice, Milk Lunch – Cheese Ravioli w/Sauce, Green Beans, Romaine Salad Applesauce, Banana, Milk
28 B'Fast – Breakfast Pizza, Fruit, Juice, Milk Lunch-Chicken Strips, Mashed Potatoes w/ Gravy, BB Sandwich Fresh Fruit, Applesauce, Milk	29 B'Fast – Egg/Ham Combo, Toast, Fruit, Juice, Milk Lunch- Tater Tot Hotdish, Mixed Vegetables, BB Sandwich, Pears, Fresh Fruit, Milk	30 B'Fast - Biscuits & Sausage Gravy, Fruit, Juice, Milk Lunch – Corndogs, Broccoli w/Cheese Sauce, Baby Carrots, Fresh Fruit, Peaches, Milk	31 B'Fast – Pancakes, Sausage, Fruit, Juice, Milk Lunch – Chili, Cheese Sandwich, Baby Carrots, Crackers, Applecrisp, Milk	

