

December 2022

**Please Note: Breakfast Milk choice includes a choice of non-fat (unflavored) or 1% (unflavored) milk,
Lunch includes a choice of non-fat (flavored or unflavored) or 1% (unflavored) milk
Reduced fat dressing is served with salads and fresh vegetables.
All Grain items are Whole Grain Rich**

Mon	Tue	Wed	Thu	Fri
			1 B'Fast – French Toast Sticks, Fruit, Juice, Milk Lunch – Cheeseburger on WG Bun, French Fries, Tomato Slices Romaine/Spinach, , Fresh Fruit, Pears, Milk	2 B'Fast - Egg/Cheese Biscuit, Fruit, Juice, Milk Lunch – Hotdogs on Bun, Baked Beans, Baby Carrots, Peaches, Banana, Milk
5 B'Fast – Pancake on a Stick, Fruit, Juice, Milk Lunch- Pizza, Green Beans, Romaine/Spinach Lettuce, Strawberries, Applesauce, Milk	6 B'Fast – Egg/Ham Combo, Fruit, Juice, Milk Lunch-Chicken Strips, Mashed Potatoes w/ Gravy, BB Sandwich, Peaches, Baby Carrots, Mandarin Oranges, ½ Apple, Milk	7 B'Fast – Breakfast Pizza, Fruit, Juice, Milk Lunch – Rib on Bun, Wedge Fries, , Baby Carrots, Applesauce, Fresh Fruit, Milk	8 B'Fast – Waffle, Cheese Sticks, Fruit, Juice, Milk Lunch – Scalloped Potatoes w/Ham, Mixed Vegetables, Banana, Pears, Milk	9 B'Fast – Egg/Cheese Omelet, Toast, Fruit, Juice, Milk Lunch – Cream Chicken Biscuits, Baby Carrots Peas, Fresh Fruit, Applesauce Milk
12 B'Fast – Egg/Ham Combo, Fruit, Juice, Milk Lunch –Elem –Soft Shell Taco, Taco in Bag, Lettuce, Tomatoes, Cheese, Refried Beans, Green Beans, Applesauce, Peaches, Milk	13 B'Fast – Biscuits & Sausage Gravy, Fruit, Juice, Milk Lunch- Crispito's, Cheese, Chili, Green Beans, BB Sandwich, Refried Beans, Pears, Fresh Fruit, Milk	14 B'Fast – Pancake on a Stick, Fruit, Juice, Milk Lunch – Chicken Pattie on Bun, Curly Fries, Baby Carrots, ½ Apple, Mandarin Oranges, Milk	15 B'Fast – French Toast Sticks, Fruit, Juice, Milk Lunch – Ham, Mashed Potatoes w/Gravy, Tea Bun, Applesauce, Peaches, Milk	16 B'Fast - Egg/Cheese Biscuit, Fruit, Juice, Milk Lunch Corndog, Broccoli with Cheese, ½ Orange, Pears, Milk
19 B'Fast – Breakfast Pizza, Fruit, Juice, Milk Lunch – Pizza Boat, Green Beans, Strawberries, Pears, Milk	20 B'Fast – Waffle, Cheese Sticks, Fruit, Juice, Milk Cook's Choice	21 B'Fast – French Toast Sticks, Fruit, Juice, Milk Cook's Choice	22 No School	23 No School
26 No School	27 No School	28 No School	29 No School	30 No School

