

February 2023

Please Note: Breakfast Milk choice includes of non-fat(unflavored) or 1%(unflavored) milk,
Lunch includes a choice of non-fat (flavored or unflavored) or 1%(unflavored) milk
Reduced fat dressing is served with salads and fresh vegetables.
All Grain items are Whole Grain Rich

Mon	Tue	Wed	Thu	Fri
		1 B'fast-Ham/Egg Combo,toast,fruit, Juice, Milk Lunch- Cheeseburger on Bun, French Fries, Romaine/Spinach, Applesauce, Pears, Milk	2 B'fast-Breakfast Pizza, Fruit, Juice, Milk Lunch-Crispito's w/cheese&chili, Green Beans, Refried Beans, BB Sandwich, Peaches, Fresh Fruit, Milk	3 B'fast-Pancake on a Stick Fruit, Juice, Milk Lunch-Chicken Nuggets, Mashed Potatoes w/Gravy, B/B Sandwich, Pears, Banana, Milk
6 B'fast-French Toast Sticks, Fruit, Juice, Milk Lunch-Chicken Fajita, Refried Beans, Green Beans, Romaine Lettuce, Cheese, Fresh Fruit, Peaches, Milk	7 B'fast-Biscuits & Sausage Gravy, Fruit, Juice, Milk Lunch-Rib on Bun, Wedge Fries, Mandarin Oranges, ½ Apple, Milk	8 B'fast-Waffles, Cheese Stick, Fruit, Juice, Milk Lunch-Chicken Patty on Bun, Curly Fries, Fresh Fruit, Pears, Milk	9 B'fast-Ham/Egg Combo, Toast, Fruit, Juice, Milk Lunch-Corn Dog, Broccoli w/Cheese, Baby Carrots, ½ orange, Applesauce, Milk	10 B'fast-Breakfast Pizza, Fruit, Juice, Milk Lunch-Chili, Cheese Sandwich, Baby Carrots, Apple Crisp, Crackers, Milk
13 B'fast-Egg/Cheese Biscuit, Fruit, Juice, Milk Lunch-Taco in Bag, Lettuce, Tomatoes, Cheese, Refried Beans, Green Beans, ½ Orange, Pears, Milk	14 B'fast-Pancake on Stick, Fruit, Juice, Milk Lunch-Creamed Chicken on Biscuits, Peas, Baby Carrots, Fresh Fruit, Peaches, Milk	15 B'fast-Egg/Cheese Omelet, Toast, Fruit, Juice, Milk Lunch-Pork Tender on Bun, Peas, Rice, Pears, Applesauce, Milk	16 B'fast-Breakfast Pizza, Fruit, Juice, Milk Lunch-Lasagna, Corn, Romaine/Spinach, Breadstick, Pineapple, Fresh Fruit, Milk	17 B'fast-Biscuits & Sausage Gravy, Fruit, Juice, Milk Lunch-Hot Dog on Bun, Baked Beans, Baby Carrots, Banana, Pears, Milk
20 B'fast-Ham/Egg Combo, Toast, Fruit, Juice, Milk Lunch-Spaghetti w/ Meat Sauce, Green Beans, Romaine/Spinach, Fresh Fruit, Peaches, Milk	21 B'fast-French Toast Sticks, Fruit, Juice, Milk Lunch-Crispito's w/cheese&chili, Corn, Refried Beans, BB Sandwich, Pears, Applesauce, Milk	22 B'fast-Egg/Cheese Biscuit, Fruit, Juice, Milk Lunch-Garlic Cheese Pizza Boat, Mixed Veggies, ½ orange, Applesauce, Milk Option (No Meat)	23 B'fast-Pancake on a Stick Fruit, Juice, Milk Lunch-Sub Sandwich, Baked Beans, Baby Carrots, Banana, Watermelon, Milk	24 B'fast-Egg/Cheese Omelet, Toast, Fruit, Juice, Milk Lunch-Pizza, Romaine/Spinach Salad, Green Beans, Strawberries, Pineapple, Milk Option(No Meat)
27 B'fast-Waffles, Cheese Stick, Fruit, Juice, Milk Lunch-Mini Corn Dogs, Broccoli w/Cheese, Baby Carrots, ½ orange, Applesauce, Milk	28 B'fast-Breakfast Pizza, Fruit, Juice, Milk Lunch-Chicken Strips, Mashed Potatoes w/Gravy, B/B Sandwich, Pears, Banana, Milk			

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