

March 2023

Please Note: Breakfast Milk choice includes a choice of non-fat(unflavored) or 1%(unflavored) milk,
Lunch includes a choice of non-fat (flavored or unflavored) or 1%(unflavored) milk
Reduced fat dressing is served with salads and fresh vegetables.
All Grain items are Whole Grain Rich

Mon	Tue	Wed	Thu	Fri
		1 B'fst-Biscuits&Sausage Gravy, Juice, Fruit, Milk Lunch-Cheeseburger on Bun, French Fries Peaches, Fresh Fruit, Milk	2 B'fst-Pancake on Stick, Juice, Fruit, Milk Lunch-Cheddarwurst on Bun, Baked Beans, Baby Carrots, Mandarin Oranges, ½ Apple, Milk	3 B'fst-Egg/Cheese Omelet, WG Toast, Juice, Fruit, Milk Lunch-Cheese Ravioli w/Sauce, Green Beans, Romaine/Spinach Salad, Pears, ½ Banana, Milk
6 B'fst-Ham/Egg Combo, Toast, Juice, Fruit, Milk Lunch-Elem Soft Shell Taco HS-Taco in Bag, Lettuce, Tomato, Cheese, Refried Beans, Corn, ½ Orange, Pears, Milk	7 B'fst-B'kfst Pizza, Juice, Fruit, Milk Lunch-Chicken Nuggets, Mashed Potatoes w/Gravy, B/B Sandwich, Peaches, Applesauce, Milk	8 B'fst-French Toast Sticks, Juice, Fruit, Milk Lunch-Pork Tender on Bun, Rice, Peas, Pears, Fresh Fruit, Milk	9 B'fst-Pancake on Stick, Juice, Fruit, Milk Lunch-Corndog, Broccoli w/Cheese Sauce, Baby Carrots, Mandarin Oranges, ½ Apple, Milk	10 B'fst-Biscuit/Egg Cheese, Fruit, Juice, Milk Lunch-Pizza, Green Beans, Romaine/Spinach Salad, Pears, Strawberries, Milk
13 B'fst-Waffles, Cheese stick, Fruit, Juice, Milk Lunch-Spaghetti w/Meat Sauce, Breadstick, Green Beans, Romaine/Spinach Salad, ½ Orange, Pears, Milk	14 B'fst-B'kfst Pizza, Juice, Fruit, Milk Lunch-Italian Chicken on Bun, Tator Tots, Peaches, Applesauce, Milk	15 B'fst-Biscuits&Sausage Gravy, Juice, Fruit, Milk Lunch-BBQ Pork on Bun, Baked Beans, Peaches, Fresh Fruit, Milk	16 B'fst-French Toast Sticks, Juice, Fruit, Milk Lunch-Crispito's w/ Cheese&Chili, B/B Sandwich, Corn, Mandarin Oranges, ½ Apple, Milk	17 No School
20 No School	21 B'fst-Ham/Egg Combo, Toast, Juice, Fruit, Milk Lunch-Rib on Bun, Wedge Fries, Baby Carrots, Pears, Applesauce, Milk	22 B'fst-Egg/Cheese English Muffin, Fruit, Juice, Milk Lunch-Cream Chicken on Biscuits, Peas, Fresh Fruit, Peaches, Milk	23 B'fst-B'kfst Pizza, Juice, Fruit, Milk Lunch-Cheeseburger on Bun, French Fries, Romaine/Spinach Salad, Tomato Slices, 1/2 Apple, Mandarin Oranges, Milk	24 B'fst-Egg/Cheese Omelet, WG Toast, Juice, Fruit, Milk Lunch-Fish, B/B Sandwich, Tator Tots, Baby Carrots, Fresh Fruit, Pears, Milk
27 B'fst-Waffles, Cheese stick, Fruit, Juice, Milk Lunch-Chicken Strips, Mashed Potatoes w/Gravy, B/B Sandwich, Fresh Fruit, Applesauce, Milk	28 B'fst-Ham/Egg Combo, Toast, Juice, Fruit, Milk Lunch-Tator Tot Hot dish, Mixed Veggies, B/B Sandwich, Pears, Fresh Fruit, Milk	29 B'fst-Biscuits&Sausage Gravy, Juice, Fruit, Milk Lunch-Corndogs, Broccoli w/Cheese Sauce, Baby Carrots, Fresh Fruit, Peaches, Milk	30 B'fst-French Toast Sticks, Juice, Fruit, Milk Lunch-Chili, Cheese Sandwiches, Crackers, Baby Carrots, Apple Crisp, Milk	31 B'fst-Biscuit Egg/Cheese, Fruit, Juice, Milk Lunch-Pizza, Green Beans, Romaine/Spinach Salad, Pears, Strawberries, Milk

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