



SEPTEMBER 2023

North Union ELM/MS Swea City Campus

*100% juice and skim or 1%(unflavored)milk served daily w/breakfast

*skim, 1% or chocolate milk served daily w/lunch

*MS salad bar offered as alternate meal * menu subject to change

Monday

Tuesday

Wednesday

Thursday

Friday







fruit Lunch: chicken alfredo, breadstick,

Breakfast: cini minis. fruit

Breakfast: uncrustable. fruit

Breakfast: waffles. fruit

Breakfast: long john, fruit

garden salad, peaches

8

N₀ **SCHOOL**

Lunch: mini corndogs, green beans, applesauce

Lunch: pork tender on bun, peas & carrots, mixed fruit

Lunch: pizza, corn, red pepper strips, sliced cucumbers, apple slices

14

28

Lunch: chicken nuggets, mashed potatoes, gravy, dinner roll, orange slices

Breakfast: egg ham combo bar, fruit

11

18

Breakfast: french toast sticks, fruit

Breakfast: WG muffin, fruit

Breakfast: cereal, fruit

Breakfast: cereal, fruit

Lunch: hotdog on bun, chili, cheese, baked beans, peaches

Lunch: macaroni & cheese, meatballs, breadstick, baby carrots, **Lunch:** scalloped potatoes & ham, dinner roll, garden salad, pears

13

20

Lunch: chicken patty on bun, french fries, red pepper strips, sliced cucumbers, mixed fruit Lunch: softshell taco, lettuce diced tomatoes, cheese, salsa, refried beans, apple slices

Breakfast: pancake on stick, fruit

Breakfast: breakfast pizza, fruit

Breakfast: WG muffin, fruit

Breakfast: cheese omelet, fruit

Breakfast: long john, fruit

Lunch: corndog, tater tots, celery sticks, applesauce

Lunch: chinese chicken, rice, Lunch: goulash, dinner roll, gardens salad, peaches corn, baby carrots, mixed fruit

19

Lunch: rib on bun, peas, banana

Lunch: hot ham & cheese on bun, potato wedges, broccoli florets, mandarin oranges

Breakfast: french toast mini chocolate chip, fruit

> Lunch: crispitos, chili, cheese, romaine, salsa, strawberries

Breakfast: uncrustable,

fruit

Breakfast: cinnamon cream 27 cheese bagel, fruit

> Lunch: pulled pork on bun, baked beans, coleslaw, mandarin oranges

Breakfast: poptart,

fruit

Breakfast: long john, fruit

Lunch: popcorn chicken, corn, dinner roll, peaches

Lunch: cheeseburger hot dish, breadstick, garden salad, pears Lunch: italian chicken on bun, mixed vegetables, applesauce

This institution is an equal opportunity provider