

# December 2023

Please Note: Breakfast Milk choice includes a choice of non-fat(unflavored) or 1%(unflavored) milk,  
Lunch includes a choice of non-fat (flavored or unflavored) or 1%(unflavored) milk  
Reduced fat dressing is served with salads and fresh vegetables.  
All Grain items are Whole Grain Rich

Mon	Tue	Wed	Thu	Fri
				1 Bkfst-Bagel, Fruit, Juice, Milk  Lunch-Cream of Chicken on WG Biscuits, Peas, Baby Carrots, Applesauce, Milk
4 Bkfst-Stuffed Hashbrown, Toast, Fruit, Juice, Milk  Lunch-Rib on Bun, Baked Beans, Baby Carrots, Applesauce, Fresh Fruit, Milk	5 Bkfst-Egg/Cheese Biscuit, Fruit, Juice, Milk  Lunch-Chicken Strips, Mashed Potatoes w/Gravy, BB Sandwich, ½ Apple, Mandarin Oranges, Milk	6 Bkfst-Pancake on a Stick, Fruit, Juice, Milk  Lunch-Cheeseburger, French Fries, Baby Carrots, Applesauce, Fresh Fruit, Milk	7 Bkfst-WG Biscuits & Sausage Gravy. Fruit, Juice, Milk  Lunch-Chili, Cheese Sandwich, Crackers, Baby Carrots, Apple Crisp, Milk	8 Bkfst-Cheese Omelet, Toast, Fruit, Juice, Milk  Lunch-Pizza, Green Beans, Spinach/Romaine Salad, Banana, Strawberries, Milk
11 Bkfst-French Toast Sticks, Fruit, Juice, Milk  Lunch-Elem Soft Shell Taco H.S. Taco in a Bag, Lettuce, Tomatoes, Cheese, Refried Beans, Corn, Applesauce, Peaches, Milk	12 Bkfst-Ham/Egg Combo, Toast, Fruit, Juice, Milk  Lunch-Crispitos, Cheese & Chili Sauce, Green Beans, BB Sandwich, Pears, Fresh Fruit, Milk	13 Bkfst-B'kfst Pizza, Fruit, Juice, Milk  Lunch-Chicken Patty on WG Bun, Curly Fries, Baby Carrots, ½ Apple, Mandarin Oranges, Milk	14 Bkfst-Egg/Cheese Croissant, Fruit, Juice, Milk  Lunch-Ham, Mashed Potatoes w/Gravy, Tea Roll, Applesauce, Peaches, Milk	15 Bkfst-WG Roll, Fruit, Juice, Milk  Lunch-Spaghetti w/Meat Sauce, Mixed Veggies, Breadstick, Banana, Pears, Milk
18 Bkfst-Cheese Omelet, Toast, fruit, Juice, Milk  Lunch-Chicken Nuggets, Mashed Potatoes w/Gravy, B/B Sandwich, Pears, ½ Orange, Milk	19 Bkfst-B'fst Pizza, Fruit, Juice, Milk  Lunch-Hotdog on Bun, Baked Beans, Baby Carrots, Peaches, Applesauce, Milk	20 Bkfst-Waffles, Cheese Stick, Fruit, Juice, Milk  Lunch-Cooks Choice	21 Bkfst-WG Biscuits & Sausage Gravy, Fruit, Juice, Milk  Lunch- Cooks Choice	22 No School
25 No School	26 No School	27 No School	28 No School	29 No School

**This Institution is an Equal Opportunity Provider**