



chee

DECEMBER 2023

North Union ELM/MS Swea City Campus

*This Institution is an
Equal Opportunity
Provider

Monday

Breakfast: pop tart,
fruit **4**

Lunch: pizza, corn,
baby carrots, pears

Tuesday

Breakfast: uncrustable,
fruit **5**

Lunch: chicken patty on WG
bun, peas, red pepper strips,
sliced cucumbers, applesauce

Wednesday

Breakfast: WG muffin,
fruit **6**

Lunch: scalloped potatoes & ham,
dinner roll, garden salad,
mixed fruit

Thursday

Breakfast: cereal,
fruit **7**

Lunch: taco in a bag, romaine,
diced tomatoes, cheese, refried
beans, salsa, apple slices

Friday

Breakfast: long john,
fruit **1**

Lunch: cheeseburger on WG
bun, green beans, sliced tomatoes,
romaine, peaches

Breakfast: long john,
Fruit **8**

Lunch: chicken nuggets, mashed
potatoes, gravy, dinner roll, garden
salad, orange slices

Breakfast: waffles,
fruit **11**

Lunch: chicken strips, french fries,
baby carrots, mandarin oranges

Breakfast: cream cheese
bagel, fruit **12**

Lunch: crispitos, chili, cheese,
romaine/lettuce, red pepper strips,
sliced cucumbers, apple slices

Breakfast: breakfast
pizza, fruit **13**

Lunch: tator tot hot dish, dinner
roll, mixed vegetables,
mixed fruit

Breakfast: cini mini's
fruit **14**

Lunch: hot dog on WG bun,
chili, cheese, baked beans,
banana

Breakfast: long john,
fruit **15**

Lunch: chinese chicken, rice,
garden salad, celery,
peaches

Breakfast: french toast
sticks, fruit **18**

Lunch: cheese breadsticks,
marinara sauce, green beans,
pears

Breakfast: WG muffin,
fruit **19**

Candlelight Dinner
Lunch: turkey gravy over mashed
potatoes, corn, dinner roll,
apple slices, cookie

Breakfast: uncrustable,
fruit **20**

Lunch: Italian chicken on WG bun,
mixed vegetables,
peaches

Breakfast: pop tart,
fruit **21**

Lunch: pizza, corn,
baby carrots, mixed fruit

NO **22**

SCHOOL

NO **25**

SCHOOL

NO **26**

SCHOOL

NO **27**

SCHOOL

NO **28**

SCHOOL

NO **29**

SCHOOL

*100% juice and skim or 1%(unflavored) milk served daily w/breakfast

*skim, 1% or fat free chocolate milk served daily w/lunch

*salad bar offered as an alternate meal for middle school

*menu subject to change

MY
SCHOOL
BUCKS

PAY FOR MEALS ONLINE
MySchoolBucks.com