

January 2024

**Please Note: Breakfast Milk choice includes a choice of non-fat(unflavored) or 1%(unflavored) milk,
Lunch includes a choice of non-fat (flavored or unflavored) or 1%(unflavored) milk
Reduced fat dressing is served with salads and fresh vegetables.
All Grain items are Whole Grain Rich**

Mon	Tue	Wed	Thu	Fri
1 No School	2 No School	3 B'fast-Pancake on a Stick, Fruit, Juice, Milk Elem- Cook's Choice Lunch-Crispito's w/ Cheese & Chili, Corn, B/B Sand, Peaches, ½ Orange, Milk	4 B'fast-Biscuits&Sausage Gravy, Fruit, Juice, Milk Lunch- Cheeseburger on Bun, French Fries, Romaine/Spinach, Applesauce, Pears, Milk	5 B'fast- Egg/Cheese Biscuits, Fruit, Juice, Milk Lunch-Hot Dog on WG Bun, Baked Beans, Baby Carrots, ½ Apple, Mandarin Oranges, Milk
8 B'fast-Egg/Ham Combo, Toast, Fruit, Juice, Milk Lunch-Pizza, Romaine/Spinach Salad, Green Beans, Strawberries, Pineapple, Milk	9 B'fast-French Toast Sticks, Fruit, Juice, Milk Lunch-Chicken Fajita, Refried Beans, Romaine Lettuce, Cheese, Fresh Fruit, Peaches, Milk	10 B'fast-Waffles, Cheese Stick, Fruit, Juice, Milk Lunch-Chicken Patty on Bun, Curly Fries, Fresh Fruit, Pears, Milk	11 B'fast-Breakfast Pizza, Fruit, Juice, Milk Lunch-Taco in Bag, Lettuce, Tomato, Cheese, Refried Beans, Corn, B/B Sandwich, Peaches, Applesauce, Milk	12 B'fast-Egg/Cheese Omelet, Toast, Fruit, Juice, Milk Lunch-Salisbury Steak, Mashed Potatoes, B/B Sandwich, Pears, Banana, Milk
15 B'fast-Biscuits & Sausage Gravy, Fruit, Juice, Milk Lunch-Spaghetti w/ Meat Sauce, Green Beans, Romaine/Spinach, Fresh Fruit, Peaches, Milk	16 B'fast-Egg/Ham Combo, Toast, Fruit, Juice, Milk Lunch-Mini Corndogs, Broccoli w/Cheese, Baby Carrots, Applesauce, 1/2 Orange, Milk	17 B'fast-Egg/Cheese Muffin, Fruit, Juice, Milk Lunch-Pork Tender on Bun, Peas, Rice, Pears, Applesauce, Milk	18 B'fast-Pancake on Stick, Fruit, Juice, Milk Lunch-Chicken Strips, Mashed Potatoes, B/B Sandwich, Peaches, Mixed Fruit,	19 B'fast-Breakfast Pizza, Fruit, Juice, Milk Lunch-Chili, Cheese Sandwich, Baby Carrots, Apple crisp, Crackers, Milk
22 B'fast-French Toast Sticks, Fruit, Juice, Milk Lunch-Rib on Bun, Wedge Fries, Baby Carrots, Mandarin Oranges, ½ Apple, Milk	23 B'fast- Egg/Ham Combo, Toast, Fruit, Juice, Milk Lunch-Creamed Chicken on Biscuits, Peas, Baby Carrots, Fresh Fruit, Peaches, Milk	24 B'fast-Egg/Cheese Omelet, Toast, Fruit, Juice, Milk Lunch-Italian Chicken on Bun, Tator Tots, Baby Carrots, ½ Orange, Pears, Milk	25 B'fast-Breakfast Pizza, Fruit, Juice, Milk Lunch-Lasagna, Corn, Romaine/Spinach, Breadstick, Pineapple, Applesauce, Milk	26 B'fast-Egg/Cheese Biscuits, Fruit, Juice, Milk Lunch-Hot Dog on Bun, Baked Beans, Baby Carrots, Banana, Pears, Milk
29 B'fast-Egg/Cheese Omelet, Toast, Juice, Milk Lunch-Sub Sandwich, Baked Beans, Baby Carrots, ½ Orange, Pears, Milk	30 B'fast-Waffles, Cheese Stick, Fruit, Juice, Milk Lunch-Pizza, Romaine/Spinach Salad, Green Beans, Strawberries, Pineapple, Milk	31 B'fast-Bagel, Fruit, Juice, Milk Lunch-Chicken Nuggets, Mashed Potatoes, W/Gravy, WG B/B Sandwich, Applesauce, Peaches, Milk		

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