

MARCH 2024

Equal Opportunity Provider This Institution is an

NORTH UNION ELM/MS SWEA CITY CAMPUS



Breakfast: pancakes, sausage, fruit

cheese, romaine, celery, Lunch: crispitos, chili, pears

> cheese bagel, fruit Breakfast: cream

fresh broccoli, mixed Lunch: pizza, corn, Į,

Breakfast: cereal, 7

refried beans, diced tomatoes, cheese, romaine, apple slices Lunch: softshell taco,

> nuggets, hash brown patty baby carrots, mixed fruit

Breakfast: long john, 8

Lunch: jumbo cheese ravioli garden salad, baby carrots, w/sauce, breadstick peaches

Breakfast: long john, 15

w/marinara sauce, corn, sliced Lunch: cheese breadsticks cucumbers, pineapple

Breakfast: long john, 22

Lunch: pizza boat, green beans, baby carrots, mandarin oranges

SCHOOL N O 29

28

Breakfast: cheese omele 4 fuit

Lunch: popcorn chicken, mashed potatoes, gravy, garden salad, applesauce

Breakfast: pancake on stick, fruit

Breakfast: muffin, 12

Breakfast: pop tart, 13

Breakfast: uncrustable 14

Lunch: cheeseburger on bun, sliced tomatoes, romaine french fries, pears

> Lunch: chicken nuggets, mashed potatoes, gravy,

> > Lunch: comdog, peas,

Lunch: chinese chicken,

mandarin oranges rice, garden salad,

fresh broccoli, mixed

red pepper strips,

strawberries

Breakfast: french toast 18

Breakfast: breakfast 19

Breakfast: cini mini, 20

Breakfast: cereal,

21

pizza, fruit

sticks, fruit

Lunch: popcom chicken,

Lunch: crispitos, chili, cheese,

Lunch: chicken patty on bun,

Lunch: lasagna hot dish, breadstick, garden salad,

banana

curly fries, baby carrots,

mixed fruit

romaine/lettuce,

mashed potatoes, gravy, garden salad, applesauce

Breakfast: combo bar, 25

Lunch: mini corndogs, steamed broccoli w/cheese sauce, sliced cucumbers, mixed fruit

Breakfast: pop tart, 26

Lunch: Italian chicken on bun, tater tots, red pepper strips,

peaches

Breakfast: uncrustable, 27

SCHOOL

Lunch: pizza, green beans, garden salad, pears

*100 juice and skim or 1% unflavored milk served daily w/breakfast *skim, 1% unflavored or fat free chocolate milk served daily w/lunch

*salad bar offered as an alternate meal for MS * all grain items are whole grain rich

menu subject to change



