

September 2024

Please Note: Breakfast Milk choice includes of non-fat(unflavored) or 1%(unflavored) milk,
Lunch includes a choice of non-fat (flavored or unflavored) or 1%(unflavored) milk
Reduced fat dressing is served with salads and fresh vegetables.
All Grain items are Whole Grain Rich

Mon	Tue	Wed	Thu	Fri
2 No School	3 B'fst-Breakfast Pizza, Fruit, Juice, Milk Lunch-Chicken Quesadilla, Broccoli/Cheese Sauce, Baby Carrots, Orange Wedges, Applesauce, Milk	4 B'fst-Egg/Cheese Biscuit, Fruit, Juice, Milk Lunch-Chicken Patty on WG Bun, Curly Fries, Pears, Peaches, Milk	5 B'fst-Pancake on Stick, Fruit, Juice, Milk Lunch-Beef Sticks, Mashed Potato w/Gravy, WG B/B Sandwich, Mandarin Oranges, ½ Apple, Milk	6 B'fst-Egg/Cheese Omelet, WG Toast, Juice, Milk Lunch-Pizza Boat w/Marinara Sauce, Green Beans, Peaches, Banana, Milk
9 B'fst-Ham/Egg Combo, Toast, Fruit, Juice, Milk Lunch-Elem: Soft Shell Taco HS: Taco in Bag, Romaine/Spinach Lettuce, Tomato, Cheese, Green Beans, Orange Wedges, Pears, Milk	10 B'fst-Breakfast Bagel, Fruit, Juice, Milk Lunch-Chicken Nuggets, Mashed Potato w/Gravy, WG B/B Sandwich, Peaches, Fresh Fruit, Milk	11 B'fst-French Toast Sticks, Fruit, Juice, Milk Lunch-Pulled Pork on WG Bun, Baked Beans, Coleslaw, Mandarin Oranges, ½ Apple, Milk	12 B'fst-Breakfast Pizza, Fruit, Juice, Milk Lunch-Mini Corndogs, Broccoli w/Cheese Sauce, Baby Carrots, Fresh Fruit, Applesauce, Milk	13 B'fst-Waffle, Fruit, Juice, Milk Lunch-Crispitos, w/Chili and Cheese, Corn, WG B/B Sandwich, Pears, Banana, Milk
16 B'fst-Egg/Cheese Biscuit, Fruit, Juice, Milk Lunch-Pizza, Green Beans, Romaine/Spinach Salad, Strawberries, Pears, Milk	17 B'fst-Ham/Egg Combo, Toast, Fruit, Juice, Milk Lunch-Lasagna, Corn, Romaine/Spinach Salad, Breadstick, Pineapple, Applesauce, Milk	18 B'fst-Pancake on Stick, Fruit, Juice, Milk Lunch-Pork Tender on WG Bun, Rice, Mixed Veggies, Mandarin Oranges, Apples, Milk	19 B'fst- WG Biscuits & Sausage Gravy, Fruit, Juice, Milk Lunch-Cream Chicken in WG Biscuits, Peas, Fresh Fruit, Applesauce, Milk	20 B'fst-Egg/Cheese Omelet, WG Toast, Juice, Milk Lunch-Hot Dog on WG Bun, Baked Beans, Baby Carrots, Watermelon, Peaches, Milk
23 B'fst-Breakfast Pizza, Fruit, Juice, Milk Lunch-Chicken Fajita on WG Shell, Refried Beans, Romaine Lettuce, Cheese, Tomato, Applesauce, Fresh Fruit, Milk	24 B'fst-Waffle, Fruit, Juice, Milk Lunch-Crispitos w/Chili and Cheese, Corn, WG B/B Sandwich, Peaches, Orange Wedges, Milk	25 B'fst-Breakfast Bagel, Fruit, Juice, Milk Lunch-Cheeseburger on WG Bun, Romaine/Spinach Lettuce, Tomato, French Fries, Fresh Fruit, Applesauce, Milk	26 B'fst-Egg/Cheese Omelet, WG Toast, Juice, Milk Lunch-Spaghetti w/Meat Sauce, Green Beans, WG Breadstick, Romaine/Spinach Salad, Pears, Banana, Milk	27 B'fst-French Toast Sticks, Fruit, Juice, Milk Lunch-Chicken Strips, Mashed Potato w/Gravy, WG B/B Sandwich, Baby Carrots, Pineapple, Peaches, Milk
30 B'fst-Breakfast Pizza, Fruit, Juice, Milk Lunch-Corndog w/Broccoli/Cheese Sauce, Baby Carrots, Pears, Applesauce, Milk				

This Institution is an Equal Opportunity Provider