

LUNCH

SEPTEMBER 2024

North Union ELM/MS Swea City Campus

This Institution is an
Equal Opportunity
Provider

Monday	Tuesday	Wednesday	Thursday	Friday
<p>No School</p> <p>Breakfast: egg ham combo, fruit 9</p> <p>Lunch: pork tenderloin on bun, green beans, peaches</p> <p>Breakfast: pancakes & sausage, fruit 16</p> <p>Lunch: chicken fajitas, fajita veggies, romaine, cheese, peaches</p> <p>Breakfast: pancake bites, fruit 23</p> <p>Lunch: chicken strips, mashed potatoes, gravy, dinner roll, applesauce</p> <p>Breakfast: pancake on a stick, fruit 30</p> <p>Lunch: cheese breadstick, marinara sauce, corn, sliced cucumbers, pears</p>	<p>Breakfast: pop tart, fruit 3</p> <p>Lunch: pulled pork on bun, baked beans, coleslaw, peaches</p> <p>Breakfast: breakfast pizza, fruit 10</p> <p>Lunch: chicken nuggets, mashed potatoes, gravy, dinner roll, mandarin oranges</p> <p>Breakfast: cini mini's, fruit 17</p> <p>Lunch: crispsitos, chili, cheese, romaine, sliced cucumbers, mixed fruit</p>	<p>Breakfast: muffin, fruit 4</p> <p>Lunch: scalloped potatoes & ham, dinner roll, garden salad, mixed fruit</p> <p>Breakfast: waffles, fruit 11</p> <p>Lunch: chicken alfredo, breadstick, garden salad, baby carrots, pears</p> <p>Breakfast: uncrustable, fruit 18</p> <p>Lunch: goulash, breadstick, green beans, baby carrots, strawberries</p>	<p>Breakfast: french toast sticks, fruit 5</p> <p>Lunch: taco in a bag, cheese, diced tomato, romaine, refried beans, sliced apples</p> <p>Breakfast: cereal, fruit 12</p> <p>Lunch: mini corn dogs, steamed carrots, fresh broccoli, mixed fruit</p> <p>Breakfast: breakfast bagel, fruit 19</p> <p>Lunch: hotdog on bun, chili, cheese, baked beans, fresh broccoli, pears</p>	<p>Breakfast: long john, fruit 6</p> <p>Lunch: chicken patty on bun, peas, red pepper strips, mandarin oranges</p> <p>Breakfast: long john, fruit 13</p> <p>Lunch: pizza, corn, sliced red peppers, applesauce</p> <p>Breakfast: long john, fruit 20</p> <p>Lunch: popcorn chicken, b/b sandwich, corn, mandarin oranges</p> <p>Breakfast: long john, fruit 27</p> <p>Lunch: cheeseburger on bun, french fries, romaine, sliced tomatoes, apple slices</p>
<p>Breakfast: cream cheese bagel, fruit 24</p> <p>Lunch: corn dog, peas & carrots, strawberry cup</p> <p>Breakfast: pop tart, fruit 25</p> <p>Lunch: chinese chicken, rice, garden salad, peaches</p> <p>Breakfast: cereal, fruit 26</p> <p>Lunch: softshell taco, refried beans, romaine, diced tomatoes, cheese, banana</p>				

*100% fruit juice and skim or 1% unflavored milk served daily w/breakfast

*skim, 1% unflavored or fat free chocolate milk served daily w/lunch

*salad bar offered daily as an alternate meal for MS students

*all grains served are whole grain rich

MY SCHOOL BUCKS

PAY FOR MEALS ONLINE
MyschoolBucks.com