North Union ELM/MS Swea City Campus

Monday

School

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Tuesday

Breakfast: pop tart, 3

Lunch: pulled pork on bun,

Lunch: scalloped potatoes

garden salad, mixed fruit

romaine, refried beans,

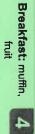
sliced apples

cheese, diced tomato,

Lunch: taco in a bag

& ham, dinner roll,

baked beans, coleslaw,



Wednesday

Thursday

Friday









Breakfast: long john, 6

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Lunch: chicken patty on bun,

mandarin oranges



applesauce

Breakfast: long john, 20

Breakfast: breakfast 19

bagel, fruit

Lunch: popcom chicken, b/b sandwich, com, mandarin oranges

chili, cheese, baked beans,

fresh broccoli, pears

Lunch: hotdog on bun,

Lunch: cheeseburger on bun,

12 peas, red pepper strips, Breakfast: long john, [13]

Lunch: pizza, com,

sliced red peppers,

Breakfast: long john, 27

Breakfast: cereal, 26

french fries, romaine, sliced tomatoes apple slices

Breakfast: egg ham combo, fruit 9

Breakfast: breakfast 10

Breakfast: waffles,

Breakfast: cereal,

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pizza, fruit

Lunch: pork tenderloin on bun, green beans, peaches

> mashed potatoes, gravy Lunch: chicken nuggets

breadstick, garden salad,

baby carrots, pears

Lunch: chicken alfredo,

Lunch: mini comdogs

steamed carrots, fresh

broccoli, mixed fruit

dinner roll, mandarin

oranges

Breakfast: pancakes 16 & sausage, fruit

Breakfast: cini mini's, 17

Breakfast: uncrustable, 18

Lunch: chicken fajitas fajita veggies, romaine cheese, peaches

sliced cucumbers, mixed fruit

cheese, romaine,

Lunch: crispitos, chili

Lunch: goulash, breadstick,

green beans, baby carrots,

strawberries

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Breakfast: cream cheese bagel, fruit

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Breakfast: pop tart, 25

Breakfast: pancake bites, fruit

mashed potatoes, gravy Lunch: chicken strips, dinner roll, applesauce

Lunch: comdog, peas &

Lunch: chinese chicken,

rice, garden salad,

refried beans, romaine, diced

Lunch: softshell taco,

tomatoes, cheese, banana

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carrots, strawberry cup

Breakfast: pancake 30 on a stick, fruit

Lunch: cheese breadstick sliced cucumbers, pears marinara sauce, corn,

*100% fruit juice and skim or 1% unflavored milk served daily w/breakfast *skim, 1% unflavored or fat free chocolate milk served daily w/lunch *salad bar offered daily as an alternate meal for MS students *all grains served are whole grain rich