

November 2024

Please Note: Breakfast Milk choice includes of non-fat(unflavored) or 1%(unflavored) milk,
 Lunch includes a choice of non-fat (flavored or unflavored) or 1%(unflavored) milk
 Reduced fat dressing is served with salads and fresh vegetables.
 All Grain items are Whole Grain Rich

Mon	Tue	Wed	Thu	Fri
				1 NO SCHOOL
4 B'fst-Egg/Cheese Biscuit, Fruit, Juice, Milk Lunch-Pizza, Green Beans, Romaine/Spinach Salad, Pears, Pineapple, Milk	5 B'fst-Ham/Egg Combo, WG Toast, Fruit, Juice, Milk Lunch-Chicken Nuggets, Mashed Potato w/Gravy, B/B Sandwich, Fresh Fruit, Applesauce, Milk	6 B'fst-B'kfst Bagel, Fruit, Juice, Milk Lunch-Cheeseburger on WG Bun, French Fries, Romaine/Spinach, Tomato Slices, Mandarin Oranges, 1/2 Apple, Milk	7 B'fst-French Toast Sticks, Fruit, Juice, Milk Lunch-Crispitos w/Cheese & Chili, Green Beans, B/B Sandwich, Refried Beans, Romaine Lettuce, Tomato, Cheese, Applesauce, Milk	8 B'fst-Egg/Cheese Omelet, WG Toast, Fruit, Juice, Milk Lunch-Hot Dog, Baked Beans, Baby Carrots, Banana, Peaches, Milk
11 B'fst-Waffle, String Cheese, Fruit, Juice, Milk Lunch-WG Soft Shell Taco, Lettuce, Cheese, Tomato, Green Beans, Pears, Orange Wedge, Milk	12 B'fst-B'kfst Pizza, Fruit, Juice, Milk Lunch-Pulled Pork on WG Bun, Baked Beans, Baby Carrots, Mandarin Oranges, Apple Wedge, Milk	13 B'fst-WG Biscuits w/Sausage Gravy, Fruit, Juice, Milk Lunch-Chicken Strips, B/B Sandwich, Tator Tots, Baby Carrots, Watermelon, Applesauce, Milk	14 B'fst-Ham/Egg Combo, WG Toast, Fruit, Juice, Milk Lunch-Salisbury Steak, Mashed Potatoes, B/B Sandwich, Pineapple, Peaches, Milk	15 B'fst-Breakfast Sausage Flatbread, Fruit, Juice, Milk Lunch-Chicken Quesadilla, Broccoli w/Cheese Sauce, Banana, Pears, Milk
18 B'fst-Mini Pancakes, String Cheese, Fruit, Juice, Milk Lunch-Rib on WG Bun, Baked Beans, Baby Carrots, Fresh Fruit, Peaches, Milk	19 B'fst-B'kfst Bagel, Fruit, Juice, Milk Lunch-Chicken Fajita on WG Shell, B/B Sandwich, Corn, ½ Apple, Mandarin Oranges, Mik	20 B'fst-WG Biscuit Egg/Cheese, Fruit, Juice, Milk Lunch-Chicken Patty on WG Bun, Curly Fries, Pears, Peaches, Milk	21 B'fst-B'kfst Pizza, Fruit, Juice, Milk Lunch-Turkey, Mashed Potato w/Gravy, Corn , Tea Roll, Applesauce, ½ Orange, Milk	22 B'fst-Egg/Cheese Omelet, WG Toast, Fruit, Juice, Milk Lunch-Corndog, Broccoli w/Cheese Sauce, Baby Carrots, Banana, Peaches, Milk
25 B'fst-Ham/Egg Combo, WG Toast, Fruit, Juice, Milk Lunch-Pizza Boat, Green Beans, Romaine/Spinach Salad, Strawberries, Pineapple, Milk	26 B'fst-Mini Pancake/Sausage Wrap, Fruit, Juice, Milk Lunch-Beef Sticks, Mashed Potato w/Gravy, WG B/B Sandwich, Applesauce, Pears, Milk	27 B'fst-WG Long John, Fruit, Juice, Milk Lunch-Chili, Cheese Sandwich, Baby Carrots, Apple Crisp, Peaches, Milk	28 NO SCHOOL	29 NO SCHOOL

This Institution is an Equal Opportunity Provider