December 2024

Please Note: Breakfast Milk choice includes of non-fat(unflavored) or 1%(unflavored) milk, Lunch includes a choice of non-fat (flavored or unflavored) or 1%(unflavored) milk Reduced fat dressing is served with salads and fresh vegetables.

All Grain items are Whole Grain Rich

Mon	Tue	Wed	Thu	Fri
2	3	4	5	6
B'fst-WG Waffle, String Cheese, Fruit, Juice, Milk Lunch-WG Soft Shell	B'fst-Breakfast Sausage Flatbread, Fruit, Juice, Milk	B'fst-Egg/Cheese Omelet, WG Toast, Fruit, Juice, Milk	B'fst-Ham/Egg Combo, WG Toast, Fruit, Juice, Milk	B'fst-Egg/Cheese Sandwich, Fruit, Juice, Milk
Taco, Lettuce, Cheese, tomato, Corn, WG B/B Sandwich, Applesauce, Fresh Fruit, Milk	Lunch-Chicken Quesadilla, Broccoli w/Cheese Sauce, Pears, Fruit, Milk	Lunch-Hot Dog on WG Bun, Baked Beans, Watermelon, Pineapple, Milk	Lunch-Chicken Patty on WG Bun, Curly Fries, Peaches, Applesauce, Milk	Lunch-Pizza, Green Beans, Spinach/Romaine Salad, Banana, Strawberries, Milk
9	10	11	12	13
B'fst-Mini Pancakes, String Cheese, Fruit, Juice, Milk	B'fst-B'kfst Pizza, Fruit, Juice, Milk	B'fst-Egg/Cheese Sandwich, Fruit, Juice, Milk	B'fst-B'kfst Bagel, Fruit, Juice, Milk	B'fst-WG Waffle, String Cheese, Fruit, Juice, Milk
Lunch-Chicken Strips, Mashed Potatoes w/Gravy, WG B/B Sandwich, ½ Apple, Mandarin Oranges, Milk	Lunch-Crispitos, Cheese & Chili, Green Beans, Refried Beans, WG B/B Sandwich, Pears, Applesauce, Milk	Lunch-Cheeseburger on WG Bun, French Fries, Baby Carrots, Watermelon, Cantaloupe, Milk	Lunch-Rib on WG Bun, Baked Beans, Baby Carrot, Pineapple, Applesauce, Milk	Lunch-Corndog, Broccoli w/Cheese Sauce, Baby Carrots, Banana, Peaches, Milk
16	17	18	19	20
B'fst-Ham/Egg Combo, WG Toast, Fruit, Juice, Milk	B'fst-Pancake on Stick, Fruit, Juice, Milk	B'fst-B'kfst Pizza, Fruit, Juice, Milk	B'fst-Egg/Cheese Omelet, WG Toast, Fruit, Juice, Milk	Semester Test Cooks Choice
Lunch-Chicken Fajita on WG Shell, W/G B/B Sandwich, Lettuce, Cheese, Tomato, Green Beans, Refried Beans, ½ Orange, Pears, Milk	Lunch-Ham, Mashed Potatoes w/Gravy, Corn , Tea Roll, Applesauce, Side Kick, Milk	Lunch-Pizza Boat, Green Beans, Romaine/Spinach Salad, Strawberries, Pineapple, Milk	Lunch-Hot Dog, Baked Beans, Baby Carrots, Applesauce, Peaches, Milk	GOOKS GHOICE
23	24	25	26	27
No School	No School	No School	No School	No School
30	31			
No School	No School			