

# September 2025

**Please Note: Breakfast milk includes a choice of non-fat (unflavored) or 1% (unflavored) milk.**

**Lunch includes a choice of non-fat (flavored) or 1% (unflavored) milk.**

**Reduced fat dressing is served with salads and fresh vegetables.**

**All Grain items are Whole Grain Rich.**

Mon	Tue	Wed	Thu	Fri
<b>1</b> <b>No School</b>	<b>2</b> B'kfst- Pancake on Stick, Fruit, Juice, Milk  Lunch- Cheese Quesadilla, Broccoli/Cheese Sauce, Baby Carrots, Orange Wedge, Applesauce, Milk	<b>3</b> B'kfst- Breakfast Pizza, Fruit, Juice, Milk  Lunch- Chicken Patty on WG Bun, Curly Fries, Peaches, ½ Apple, Milk	<b>4</b> B'kfst- French Toast Sticks, Fruit, Juice, Milk  Lunch- Hotdog on WG Bun, Baked Beans, Baby Carrots, Applesauce, Milk	<b>5</b> B'kfst- Egg/Cheese Omelet, WG Toast, Juice, Fruit, Milk  Lunch- Pizza Boat w/ marinara Sauce, Green Beans, Romaine/Spinach Salad, Peaches, Banana, Milk
<b>8</b> B'kfst- Bagel, Fruit Juice, Milk  Lunch- Soft Shell Taco, Romaine/Spinach, Tomato, Cheese, Green Beans, Apple Slices, Pears, Milk	<b>9</b> B'kfst- Waffles, Fruit, Juice, Milk  Lunch- Pizza Cruncher, Corn, Romaine/Spinach Salad, Orange Wedges, Strawberries, Milk	<b>10</b> B'kfst- Breakfast Pizza, Fruit, Juice, Milk  Lunch- Pulled Pork on WG Bun, Baked Beans, Baby Carrots, Peaches, Applesauce, Milk	<b>11</b> B'kfst- Pancake on Stick, Fruit, Juice, Milk  Lunch- Meaty Nachos w/ Cheese, Broccoli, Baby Carrots, Pears, Apple Slices, Milk	<b>12</b> B'kfst- Egg/Cheese Omelet, WG Toast, Juice, Fruit, Milk  Lunch- Chicken Strips, Mashed Potatoes, WG B/B Sandwich, Baby Carrots, Watermelon, Applesauce, Milk
<b>15</b> B'kfst- Bagel, Fruit Juice, Milk  Lunch- Pizza, Green Beans, Romaine/Spinach Salad, Strawberries, Applesauce, Milk	<b>16</b> B'kfst- French Toast Sticks, Fruit, Juice, Milk  Lunch- Rib on WG Bun, Baked Beans, Baby Carrots, Mixed Berries, Peaches, Milk	<b>17</b> B'kfst- Breakfast Pizza, Fruit, Juice, Milk  Lunch- Cheeseburger on WG Bun, French Fries, Romaine/Spinach, Tomato, Pears, ½ Apple, Milk	<b>18</b> B'kfst- WG Biscuits, Sausage & Gravy, Fruit, Juice, Milk  Lunch- Crisпитos w/ Chili & Cheese, Corn, WG B/B Sandwich, Peaches, Watermelon, Milk	<b>19</b> B'kfst- Egg/Cheese Omelet, WG Toast, Juice, Fruit, Milk  Lunch- Cream Chicken on WG Biscuits, Peas, Baby Carrots, Applesauce, Pears, Milk
<b>22</b> B'kfst- Bagel, Fruit Juice, Milk  Lunch- Chicken Fajitas on WG Shell, Refried Beans, Romaine/Spinach, Tomato, Corn, WG B/B Sandwich, Peaches, Orange Wedge, Milk	<b>23</b> B'kfst- Ham/Egg Combo, WG Toast, Fruit, Juice, Milk  Lunch- Spaghetti w/ Meat Sauce, Green Beans, WG Bread Stick, Romaine/Spinach Salad, Pears, Applesauce, Milk	<b>24</b> B'kfst- Breakfast Pizza, Fruit, Juice, Milk  Lunch- Pork Tender on WG Bun, Mixed Vegetables, Rice, Baby Carrots, Apple Slices, Peaches, Milk	<b>25</b> B'kfst- Pancake on Stick, Fruit, Juice, Milk  Lunch- Chicken Nuggets, Mashed Potatoes, Baby Carrots, Pineapple, Applesauce, Milk	<b>26</b> B'kfst- Egg/Cheese Omelet, WG Toast, Juice, Fruit, Milk  Lunch- Mini Corndogs, Broccoli w/ Cheese, Pears, Banana, Milk
<b>29</b> B'kfst- Bagel, Fruit Juice, Milk  Lunch- Lasagna, Green Beans, Romaine/Spinach Salad, Breadstick, Pineapple, Pears, Milk	<b>30</b> B'kfst- Egg/Cheese on WG Biscuit, Fruit, Juice, Milk  Lunch- Crisпитos w/ Chili & Cheese, Corn, WG B/B sandwich, Peaches, Applesauce, Milk			

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