## October 2025

Please Note: Breakfast milk includes a choice of non-fat (unflavored) or 1% (unflavored) milk.

Lunch includes a choice of non-fat (flavored) or 1% (unflavored) milk.

Reduced fat dressing is served with salads and fresh vegetables.

All Grain items are Whole Grain Rich.

Mon	Tue	Wed	Thu	Fri
		B'kfst-Breakfast Pizza, Fruit, Juice, Milk	B'kfst-French Toast Sticks, Fruit, Juice, Milk	B'kfst- Cheese Omelet, WG Toast, Fruit, Juice, Milk
		Lunch-Chicken Patty on WG Bun, Curly Fries, Baby Carrots, Apple Wedges, Mandarin Oranges, Milk	Lunch-Rib on WG Bun, Baked Beans, Baby Carrots, Applesauce, Peaches, Milk	Lunch-Ham/Cheese Sub Sandwich, Tater Tots, Baby Carrots, Pears, Banana, Milk
6	7	8	9	10
B'kfst- Bagel, Fruit, Juice, Milk	B'kfst- Pancake on Stick, Fruit, Juice, Milk	B'kfst-Breakfast Pizza, Fruit, Juice, Milk	B'kfst- Cinnamon Crackers, String Cheese, Fruit, Juice, Milk	B'kfst- Egg/Cheese Biscuit, Fruit Juice, Milk
Lunch-Pizza Boat, Green Beans, Romaine/Spinach Salad, Strawberries, Pears, Milk	Lunch- Chicken Nuggets, Mashed Potatoes, WG B/B Sandwich, Watermelon, Peaches, Milk	Lunch-Cheeseburger on WG Bun, French Fries, Baby Carrots, ½ Apple, Mandarin Oranges, Milk	Lunch-Chicken Quesadilla, Broccoli w/ Cheese Sauce, Applesauce, Pears, Milk	Lunch- Hot Dog on Bun, Baked Beans, Baby Carrots, Applesauce, Orange Wedge, Milk
13	14	15	16	17
B'kfst- Bagel, Fruit, Juice, Milk	B'kfst- Waffle, Fruit, Juice, Milk	B'kfst-Breakfast Pizza, Fruit, Juice, Milk	B'kfst- WG Long John, Fruit, Juice, Milk	B'kst- WG Sausage & Gravy, Fruit, Juice, Milk
Lunch-Soft Shell Taco, Lettuce, Cheese, Green Beans, Pears, Applesauce, Milk	Lunch- Spaghetti w/ Meat Sauce, Mixed Vegetables, WG Breadstick, Romaine/Spinach Salad, Mixed Berries, Apple Wedge, Milk	Lunch- Pork Tender on WG Bun, Rice, Peas, Baby Carrots, Peaches, Orange Wedge, Milk	Lunch-Mini Corndog, Baked Beans, Baby Carrots, Peaches, Applesauce, Milk	Lunch- Crispito, Cheese/Chili, Corn, WG B/B Sandwich, Pears, Banana, Milk
20	21	22	23	24
B'kfst- Bagel, Fruit, Juice, Milk	B'kfst-Pancakes, Fruit, Juice, Milk	B'kfst-Breakfast Pizza, Fruit, Juice, Milk	B'kfst, - Waffles, Fruit, Juice, Milk	B'kfst- Egg/Cheese Omelet, WG Toast, Fruit, Juice, Milk
Lunch- Chicken Fajita on WG Shell, Refried Beans, Romaine/Spinach Salad, Tomato, Corn, WG B/B Sandwich, Pears, Applesauce, Milk	Lunch- Rib on WG Bun, Baked Beans, Baby Carrots, Apple Wedge, Peaches, Milk	Lunch- Pizza Crunchers, Romaine/Spinach Salad, Applesauce, Orange Wedges, Milk	Lunch-Chicken Strips, Mashed Potatoes w/ Gravy, Baby Carrots, WG B/B Sandwich, Watermelon, Peaches, Milk	Lunch- Lasagna, Green Beans, Romaine/Spinach Salad, WG Breadstick, Pineapple, Pears, Milk
27	28	29	30	31
B'kfst- Bagel, Fruit, Juice, Milk	B'kfst- Pancake on Stick, Fruit, Juice, Milk	B'kfst-Breakfast Pizza, Fruit, Juice, Milk	B'kfst- Egg Patty, WG Toast, Fruit, Juice, Milk	NO SCHOOL
Lunch- Pizza, Green Beans, Romaine/Spinach Salad, Strawberries, Peaches, Milk	Lunch- Corndog, Broccoli w/ Cheese, Baby Carrots, Pears, Apple Wedges, Milk	Lunch-Beef Sticks, Mashed Potato w/ Gravy, WG B/B Sandwich, Baby Carrots, Peaches, Orange Wedges, Milk	Lunch- Cream Chicken on WG Biscuit, Peas, Baby Carrots, Pineapple, Applesauce, Milk	

This Institution is an Equal Opportunity Provider