

## **OCTOBER 2025**

NORTH UNION ELM/MS SWEA CITY CAMPUS

OPPORTUNITY PROVIDER THIS INSTIUTION IS AN EQUAL



Breakfast: french toast sticks, fruit 0

Breakfast: cinnamon

roll, fruit

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Lunch: cheese breadsticks. marinara sauce, green beans, mixed fruit

> pepper strips, b/b sandwich, cheese sauce, romaine, red

pears

Lunch: crispito, chili,

\*

Breakfast: cinnamon 3

Breakfast: cheese

14

omelet, fruit

Lunch: grilled chicken fries, red pepper strips on WG bun, french mandarin oranges

Breakfast: breakfast 20 bagel, fruit

Lunch: pork tenderloin on WG bun, corn, mixed fruit

Breakfast: egg, ham, 27 cheese combo bar, fruit

red pepper strips, pineapple breadstick, garden salad, Lunch: chicken alfredo,

Lunch: meatball sub on WG

bun, cheese, wedge fries,

baby carrots, pears

## Wednesday

Breakfast: waffles,

sliced cucumbers, peaches WG bun, mixed vegetables, Lunch: chicken patty on

cream cheese bagel, fruit Breakfast: strawberry 8

Lunch: tater tot hot dish dinner roll, strawberries mixed vegetables,

Breakfast: muffin, cheese stick, fruit 15

Lunch: chili, grilled cheese, baby carrots, garden salad, apple slices

bun, baked beans, tomato slices Lunch: cheeseburger on WG

romaine, mixed fruit

Breakfast: uncrustable, 22

Breakfast: pancakes & 21

sausage, fruit

Lunch: chicken strips,

broccoli, strawberries

french fries, fresh

dinner roll, baby carrots garden salad, peaches Lunch: goulash,

Breakfast: strawberry 29 cream cheese bagel, fruit

Breakfast: pancake 28

bites, fruit

garden salad, sliced cucumber, marinara sauce, breadstick, Lunch: cheese lasagna w/ peaches

## Thursday

cream cheese bagel, fruit Breakfast: cinnamon

cheese combo bar, fruit Breakfast: egg, ham,

fajita veggies, romaine. cheese, pineapple

mashed potatoes, gravy.

Lunch: meatloaf,

dinner roll, peaches

Breakfast: scrambled 16 eggs, toast, fruit

bun, hash brown, celery, Lunch: pork rib on WG peaches

Breakfast: biscuits & 23 gravy, fruit

Lunch: pizza, mixed vegetables, celery, banana

Breakfast: breakfast 30 pizza, fruit

Lunch: chicken nuggets mashed potatoes, gravy, dinner roll, cookie

2

Lunch: pizza, corn, baby carrots, pears

Lunch: taco in a bag,

refried beans, romaine,

apple slices

cheese, tomato,

Breakfast: long john, 3

9

Breakfast: long john, 10

Lunch: chicken fajita,

Breakfast: long john, 17

Lunch: scalloped potatoes &

ham, dinner roll, peas,

applesauce

Breakfast: long john, 24 fruit

baked beans, coleslaw Lunch: pulled pork, applesauce

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HAPPY HALLOWEEN SCHOOL

\*skim, 1%(unflavored) milk or fat free chocolate milk served daily w/lunch salad bar served daily as an alternate meal for middle school students \*100% juice and skim or 1%(unflavored) milk served daily w/breakfast ™G=whole grain enriched \*menu subject to change