



JANUARY 2026

NORTH UNION ELM/MS SWEA CITY CAMPUS

THIS INSTITUTION
IS AN EQUAL
OPPORTUNITY PROVIDER

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|--|--|--|
| Breakfast: french toast sticks, fruit 5 | Breakfast: egg, ham, cheese combo bar, WG toast, fruit 6 | Breakfast: chini mini, fruit 7 | HAPPY NEW YEAR 1 | 2 |
| Lunch: crispito, chili, cheese sauce, romaine, b/b sandwich, pears | Lunch: hotdog on WG bun, baked beans, coleslaw, peaches | Lunch: chicken alfredo, breadstick, garden salad, mixed fruit | Breakfast: breakfast bagel, fruit 8 | Breakfast: long john, yogurt, fruit 9 |
| Breakfast: waffles, fruit 12 | Breakfast: uncrustable, fruit 13 | Breakfast: strawberry cream cheese bagel, fruit 14 | Breakfast: breakfast pizza, fruit 15 | Breakfast: long john, yogurt, fruit 16 |
| Lunch: cheese breadsticks, marinara sauce, corn, mixed fruit | Lunch: chicken patty on WG bun, green beans, applesauce | Lunch: corndog, steamed broccoli, cheese sauce, peaches | Lunch: pizza, peas & carrots, sliced cucumbers, pears | Lunch: cheeseburger on WG bun, baked beans, sliced tomatoes, romaine, pineapple |
| Breakfast: cinnamon cream cheese bagel, fruit 19 | Breakfast: pancake on a stick, fruit 20 | Breakfast: scrambled eggs, WG toast, fruit 21 | Breakfast: egg, ham, cheese combo bar, WG toast fruit 22 | Breakfast: long john, yogurt, fruit 23 |
| Lunch: grilled chicken on WG bun, hash brown, red pepper strips, mandarin oranges | Lunch: cheeseburger macaroni & cheese hot dish, breadstick, steamed carrots, applesauce | Lunch: chicken nuggets, mashed potatoes, gravy, b/b sandwich, pineapple | Lunch: scalloped potatoes & ham, dinner roll, garden salad, fresh broccoli, mixed fruit | Lunch: rib on WG bun, baked beans, coleslaw, peaches |
| Breakfast: pancake bites, fruit 26 | Breakfast: biscuits & gravy, fruit 27 | Breakfast: uncrustable, fruit 28 | Breakfast: muffin, cheese stick, fruit 29 | Breakfast: long john, yogurt, fruit 30 |
| Lunch: pork tenderloin on WG bun, mixed vegetables, mixed fruit | Lunch: chili, grilled cheese on WG bread, garden salad, sliced cucumbers, crackers, peaches | Lunch: meatloaf, mashed potatoes, gravy, b/b sandwich, applesauce | Lunch: goulash, breadstick, baby carrots, romaine-spinach salad, pears | Lunch: pizza, corn, red pepper strips, mandarin oranges |

* 100% juice and skim or 1%(unflavored) milk served daily w/breakfast

* skim, 1%(unflavored) or fat free chocolate milk served daily w/lunch

* salad bar available daily as an alternate meal for middle school students

* WG= whole grain enriched

* menu subject to change