



SEPTEMBER 2026

NORTH UNION ELM/MS SWEA CITY CAMPUS

THIS INSTITUTION
IS AN EQUAL
OPPORTUNITY PROVIDER

Monday

Tuesday

Wednesday

Thursday

Friday

NEW ITEM

Breakfast: breakfast egg
roll, fruit

Lunch: cheese breadsticks,
marinara sauce, corn,
baby carrots, peaches

Breakfast: pancakes,
sausage, fruit

Lunch: chicken alfredo,
breadstick, garden salad,
sliced cucumbers, pears

Breakfast: egg, ham,
cheese combo, fruit

Lunch: softshell taco,
refried beans, cheese, romaine,
diced tomatoes, salsa,
apple slices

Breakfast: long john,
fruit

Lunch: pulled pork on WG bun,
baked beans, coleslaw,
mixed fruit

**NO
SCHOOL**

Breakfast: biscuits &
gravy, fruit

Lunch: pizza crunchers,
green beans, garden salad,
orange slices

Breakfast: pancake
on a stick, fruit

Lunch: chicken nuggets,
mashed potatoes, gravy,
b/b sandwich, red
peppers strips, strawberry cup

Breakfast: uncrustable,
fruit

Lunch: hotdog, chili,
cheese, peas,
baby carrots, pears

Breakfast: long john,
fruit

Lunch: chicken patty on WG
bun, baked beans,
fresh broccoli, applesauce

Breakfast: pancake
bites, fruit

Lunch: pizza, corn,
garden salad,
mixed fruit

Breakfast: WG muffin,
cheese stick, fruit

Lunch: crisps, chili,
cheese sauce, romaine,
baby carrots, pears

Breakfast: strawberry
cream cheese bagel, fruit

Lunch: scalloped potatoes &
ham, dinner roll,
garden salad, fresh broccoli,
peaches

Breakfast: breakfast
pizza, fruit

Lunch: rib on WG bun,
green beans, red pepper
strips, applesauce

Breakfast: long john,
fruit

Lunch: chicken fajita,
fajita veggies, romaine,
cheese, refried beans,
sliced cucumbers, strawberry cup

Breakfast: cini mini,
fruit

Lunch: pork tenderloin on
WG bun, baked beans,
coleslaw, mixed fruit

Breakfast: egg patty,
sausage patties, fruit

Lunch: popcorn chicken,
mashed potatoes, gravy,
b/b sandwich, sliced cucumbers,
mandarin oranges

Breakfast: egg, ham,
cheese combo bar, fruit

Lunch: spaghetti, meat sauce,
breadstick, garden salad,
baby carrots, peaches

Breakfast: uncrustable,
fruit

Lunch: mini corn dogs,
steamed broccoli, cheese
sauce, cherry tomatoes,
applesauce

Breakfast: long john,
fruit

Lunch: pizza, peas,
red pepper strips,
pineapple

Breakfast: waffles,
fruit

Lunch: chicken nuggets,
mashed potatoes, gravy,
b/b sandwich, baby carrots,
pears

Breakfast: scrambled
eggs, toast, fruit

Lunch: cheeseburger on WG
bun, hash brown, sliced
cucumbers, romaine, sliced
tomatoes, strawberry cup

Breakfast: WG muffin,
cheese stick, fruit

Lunch: orange chicken, rice,
garden salad, red pepper
strips, mixed fruit

*100 fruit juice and skim or 1%(unflavored) milk offered daily w/breakfast

*skim, 1%(unflavored) or fat free chocolate milk offered daily w/lunch

*WG= whole grain enriched

*salad bar offered daily as an alternate meal for middle school students

*menu subject to change