

Local School Wellness Policy Progress Report

School Name: North Union Community School District

Wellness Policy Contact: Amber Henderson, School Nurse

Date Completed: September 8, 2026

This tool is to document progress in meeting the goals written in the district's wellness policy at each school building. Document steps that have or will be taken to accomplish each goal. In the "Contact Person" column identify the individual who can report on the goals' progress. The items that are completed at the district level should be pre-filled to inform all school staff of the implementation status of those goals. Add more lines for goals as needed.

Nutrition Education and Promotion Goals

District Wellness Policy Goals	Contact Person	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
1. Promote fruits, vegetables, whole grains, low-fat and fat free dairy products, and healthy foods.	Dee Jensen Jan Ehmen	X			Posters in lunchroom on healthy choices. School lunch program and vending machine compliant with nutrition standard rules.	Continue implementation and education.
2. Nutrition education is provided at every grade level	Teachers Amber Henderson	X			Nutrition education is part of curriculum. Wellness Warriors newsletter emailed monthly with new health/nutrition topics.	Continue to look for ways to incorporate nutrition lessons.
3. Health Promotion	Amber Henderson	X			Healthy state walk. Flu clinic for students/staff. I-Smile dental clinic available for all elementary students. Lions club vision screening available for Pre School and Kindergarten.	Continue current process.

Physical Activity Goals

District Wellness Policy Goals	Contact Person	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
1. Provide students with age and grade appropriate opportunities in P.E. class	Karin Crosser Alex Fisher Hollie Anderson	X			Fall/Spring State wellness walk. New PE class @ high school this year called Life Time Fitness.	Explore additional PE lessons
2. Physical activity not used or withheld as a punishment.	Karin Crosser Alex Fisher Hollie Anderson	X			Encourage brain breaks.	Continue current process.
3. Provided at least 40 minutes of activity for students in kindergarten through 4 th grade.	Hollie Anderson Curriculum director	X			Recess time and PE time included.	Continue current process.

Other School Based Activities Goals

District Wellness Policy Goals	Contact Person	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
1.						
2.						

Standards and Nutrition Guidelines for All Foods and Beverages *Sold* to Students During the School Day (e.g. vending, school stores, etc.)

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1. All foods and beverages sold individually outside the reimbursable meal program will be constitute with federal regulations.	Dee Jensen	X			All food sold in vending machine meet nutritional standards.	Continue current process.
2. Schools meals	Dee Jensen Jan Ehmen	X			Second chance breakfast for high school students after first period.	Continue current process.

Standards for All Foods and Beverages *Provided* (not sold) to Students During the School Day (e.g. class parties, foods given as reward, etc.

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1. Encourage offering non-food form of rewards.	Teachers		X		Elementary has Warrior of the Week. High School has Warrior of the Month.	Provide teachers with alternative ideas for rewards.
2. Celebrations in classrooms.	Teachers		X		Policy in hand book that all treats must be pre-packaged and include nutritional information.	Provide families with a healthy alternative ideas for birthday treats.

Polices for Food and Beverage Marketing

District Wellness Policy Goals	Contact Person	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
1. Advertising and Marketing.	Administration Dee Jensen	X			School does not advertise unhealthy foods and beverages. We have no food store on our campus.	Continue current process.
2.						

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