



OCTOBER 2026

NORTH UNION ELM/MS SWEA CITY CAMPUS

THIS INSTITUTION
IS AN EQUAL
OPPORTUNITY PROVIDER

Monday



Breakfast: waffles, fruit **5**

Lunch: chicken strips, steamed carrots, b/b sandwich, celery, applesauce

Breakfast: cini mini, fruit **12**

Lunch: comdog, steamed broccoli, cheese sauce, sliced cucumbers, mixed fruit

Breakfast: pancake bites, fruit **19**

Lunch: popcorn chicken, b/b sandwich, mashed potatoes, gravy, garden salad, applesauce

Breakfast: waffles, fruit **26**

Lunch: grilled chicken breast on WG bun, peas, baby carrots, apple slices

Tuesday



Breakfast: breakfast pizza, fruit **6**

Lunch: crispios, chili, cheese sauce, romaine, b/b sandwich, sliced cucumbers, pears

Breakfast: french toast sticks, fruit **13**

Lunch: pork tenderloin on WG bun, baked beans, garden salad, applesauce

Breakfast: egg patty, sausage, fruit **20**

Lunch: mac n cheeseburger hot dish, breadstick, corn, sliced cucumbers, pineapple

Breakfast: egg, ham, cheese combo bar, fruit **27**

Lunch: cheese french bread pizza, green beans, fresh cauliflower, pears

Wednesday



Breakfast: strawberry cream cheese bagel, fruit **7**

Lunch: rib on WG bun, peas & carrots blend, garden salad, peaches

Breakfast: uncrustable, fruit **14**

Lunch: chicken alfredo, WG breadstick, garden salad, baby carrots, peaches

Breakfast: WG muffin, cheese stick, fruit **21**

Lunch: scalloped potatoes & ham, dinner roll, garden salad, baby carrots, mixed fruit

Breakfast: uncrustable, fruit **28**

Lunch: chili, WG grilled cheese, garden salad, baby carrots, peaches

Thursday



Breakfast: stuffed hash brown, fruit **1**

Lunch: cheese breadsticks, marinara sauce, corn, baby carrots, peaches

Breakfast: biscuits & gravy, fruit **8**

Lunch: pulled pork on WG bun, baked beans, coleslaw, mixed fruit

Breakfast: egg, ham, cheese combo bar, fruit **15**

Lunch: cheeseburger on WG bun, hash brown, red pepper strips, pears

Breakfast: cheddar cheese omelet, fruit **22**

Lunch: meatball sub on WG bun, mozzarella cheese, green beans, celery, peaches

Breakfast: egg patty, WG toast, fruit **29**

Lunch: chicken nuggets, mashed potatoes, gravy, b/b sandwich, red pepper strips, mixed fruit

Friday



Breakfast: long john, fruit **2**

Lunch: taco in a bag, romaine, cheese, diced tomatoes, refried beans, apple slices

Breakfast: long john, fruit **9**

Lunch: pizza, corn, garden salad, apple slices

Breakfast: long john, fruit **16**

Lunch: pizza crunchers, mixed vegetables, fresh broccoli, mandarin oranges

Breakfast: long john, fruit **23**

Lunch: hotdog on WG bun, baked beans, red pepper strips, pears

NO **30**

SCHOOL

*100% juice and skim or 1%(unflavored) milk offered daily w/breakfast
*skim, 1%(unflavored) fat free chocolate milk offered daily w/lunch
*WG=whole grain enriched
*salad bar offered daily as an alternate meal for middle school students
*menu subject to change